

The Spiritual Pharmacy

We present Part IV in the series of continuing articles on supplications for all times and places.

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Supplication for a Long Life

Sayyid ibn al-Tāwūs, through a reliable chain of narrators from Jamīl ibn Darrāj has narrated that a man once came to Imām Ja‘far as-Ṣādiq عليه السلام and said, “O’ my master! Verily I am old and all of my family members have passed away. I have no one close to me and I fear that I shall die soon.” The Imām replied, “Thus if you desire a long life for yourself, family and friends then read this supplication after every Ṣalāt.”

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ. اللَّهُمَّ إِنَّ رَسُولَكَ
الصَّادِقَ الْمُصَدِّقَ صَلَوَاتِكَ عَلَيْهِ وَآلِهِ قَالَ إِنَّكَ قُلْتَ مَا تَرَدَّدْتُ
فِي شَيْءٍ أَنَا فَاعِلُهُ كَثَرْتُ دِي فِي قَبْضِ رُوحِ عَبْدِي الْمُؤْمِنِ يَكْرَهُ
الْمَوْتَ وَآكْرَهُ مَسَاتَتُهُ. اللَّهُمَّ فَصَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ
وَ عَجَّلْ لَوْلِيكَ الْفَرَاحَ وَالْعَافِيَةَ وَ النَّصْرَ وَ لَا تَسُونِي فِي نَفْسِي
وَ لَا فِي أَحَدٍ مِنْ أَحَبَّتِي.

The narrator of this ḥadīth mentioned, “I was persistent in reciting this supplication and I lived for a long time such that I was satiated with living.”

Supplication that Will Add 11 Years to One’s Life

The late Mullāh Muḥammad Bāqir Fashārki who has written a short treatise on the recommended acts for the months of Rajab, Sha‘bān and Ramadhān has narrated that in some books it has been mentioned that if the following supplication is read on the last Friday of the month of Rajab then then that person will have 11 years added to his or her life:

يَا أَجَلَ مِنْ كُلِّ جَلِيلٍ. يَا أَكْرَمَ مِنْ كُلِّ كَرِيمٍ وَ يَا أَعَزَّ مِنْ كُلِّ
عَزِيزٍ. أَغْنِنِي يَا غِيَاثَ الْمُسْتَغِيثِينَ بِفَضْلِكَ وَ جُودِكَ وَ
كَرَمِكَ وَ مَدَّ عُمْرَنَا وَ هَبْ لَنَا مِنْ لَدُنْكَ عُمْرًا بِالْعَافِيَةِ يَا
ذَ الْجَلَالِ وَ الْإِكْرَامِ.

Supplication that Should be Read When Sick

In the book Jawāhir al-Qur‘ān it has been mentioned that whoever gets sick should read this supplication forty times:

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

If the person dies while still sick, then one will be given the reward of a *Shahīd*, and if one gets better than all of his or her sins will be wiped out.

Supplication at the Time of Performing Ghusl

Imām Ja‘far ibn Muḥammad as-Ṣādiq عليه السلام has said, “The Ghusl on the day of Jumu‘ah is a purifier for the body and a reparation for one’s sins from the previous Jumu‘ah until the next Jumu‘ah.” In another ḥadīth, it has been narrated that the Ghusl and this supplication will purify that person who reads it from sins until the next Jumu‘ah:

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَ أَشْهَدُ أَنَّ مُحَمَّدًا
عَبْدُهُ وَ رَسُولُهُ. اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَ آلِ مُحَمَّدٍ وَ اجْعَلْنِي
مِنَ التَّوَابِينَ وَ اجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ.

Supplication to be Protected from an Oppressor

The following Duā‘ is effective when one fears an oppressor or when he is going to visit the person who is in charge of a country (President, Prime Minister, etc...) which Imām Ja‘far ibn Muḥammad as-Ṣādiq عليه السلام himself read when going into the presence of the cursed “Caliph” Manṣūr:

يَا عُدَّتِي عِنْدَ شِدَّتِي وَ غَوْتِي عِنْدَ كُرْبَتِي أَحْرَسْنِي بِعَيْنِكَ الَّتِي
لَا تَنَامُ وَ أَكْفِنِي بِرُكْنِكَ الَّذِي لَا يُرَامُ.

Supplication to be Protected from a Bad Neighbour

A man once complained to Imām al-Ḥasan عليه السلام about his neighbour who was constantly bugging him. The Imām told him, “After you have finished Ṣalāt al-Maghrib and al-‘Ishā, recite a two Rak‘at Ṣalāt and then say this supplication.”

يَا شَدِيدَ الْمِحَالِ يَا عَزِيزُ أَدَلَّتْ بِعِزَّتِكَ جَمِيعَ مَا خَلَقْتَ إِكْفِنِي
شَرَّ (فَلَان) بِمَا شِئْتَ.

In place of the word (فَلَان) mention the name of your neighbour.