

## Common Taaqibat for All Salat

Imam Mohammed Baqir (a.s.) has said that after every mandatory prayer, there is no better invocation than the Tasbeeh e Fatima (a.s.). If there was any other, more effective, way of Praising Allah, the Prophet (a.s.) would most certainly have instructed his daughter about that. Imam Jafar e Sadiq has said that reciting the Tasbeeh e Fatima (a.s.) after every compulsory prayer is better than performing a thousand genuflections:-

Allaho Akbar (34 times)

Alhamdu lillah (33 times)

Subhan Allah (33 times)

One should say once after reciting the Tasbeeh the following words La ilaha ilAllah

Imam Baqir (a.s.) says One who sits quietly after each mandatory prayer and recites 3 times the following , Allah will pardon all his sins:

Astaghfarallah allazi la ilaha illa huwal hayyal qayyumo zuljalal e wal ikraame wa aatube ilaihi

Imam Sadiq has said that if a person recites 30 times after each compulsory prayer, all his sins will be pardoned Subhan Allah:

It is narrated from Hazrat Ameer al Momineen (a.s.) if one desires to depart from this world as innocent as he was at his birth, then he should recite the Sura e Ikhlaas twelve times after every compulsory prayer and then raise his hands towards the sky and recite the following invocation:

Allahumma inni asaloka beismekal maknoone wal makhzoonil tahiril tuhharil mubarake wa asaloka beismekal azeeme wa sultanekal qadeeme ya waheb al ataya wa ya mutleqal usaara wa ya fakkakar riqabe min an naare asaloka anto salle ala Mohammedin wa alle Mohammadin wa an tuteqa raqbati minan naare wa an tuqrijani min ad duniya aamenan wa an tudqilunil jannata salemun wa an tajal duaee awwalahu falahan wa awsatahu najahan wa aakhirahu salahannaka anta allamul ghayoobo

## FAJR SALAT

2 Rakat Nafilah Salat Before Fajr is recommended

In the Name of Allah, the Beneficent, the Merciful.

By the Name of Allah and peace of Allah on Mohammed (S.A.W.) and His sacred progeny and I entrust my work unto Allah and verily Allah is all seeing for His creatures.

"There is no God But You, Glory to You, I was in the dark then We granted him his (Yunus (s)) request and redeemed him from the panic and in like manner We redeem the believers". Suffices Allah, how good and trustworthy and the prospective crusaders returned (as there has been no fight any longer) with grants and the grace of Allah, sins harm and injury.

Whatever Allah wishes and there be no might and force except by Allah. Whatever Allah wishes and not whatever the people wish. Suffices the Patron rather than the patronized. Suffices the Creator rather than the creatures. Suffices the Giver rather than the given. Suffices Allah the Patron of Worlds. Suffices the Sufficient from my inception, The Infinite Sufficient suffices Allah, There is no Allah but He. I trust Him and He is the Patron of the Great Arsh

Transliteration

BISMILLAAHE WA SALLALLAAHO A'LAA MOHAMMADIN WA AALEHI WA OFAWWEZO AMREE ELALLAAHE  
INNALLAAHA BASEERUM BIL-E'BADE FAWAQAAHULLAAHO SAYYE-AATE MAA MAKAROO LAA ELAAHA  
ILLAA ANTA SUBHAANAKA INNEE KUNTO MENAZ ZAALEMEENA FASTAJABNA LAHOO WA  
NAJJAYNAAHO MENAL GHAMME WA KAZAALEKA NUNJIL MO'MENEEN HASBONALLAAHO WA NE'MAL  
VAKEEL FANQALABOO BE NE'MATIM MENALLAAHE WA FAZLIN LAM YAMSASHUM SOOO-OM MAA-SHAAA  
ALLAAHO LAA HAWLA WA LAA QUWWATA ILLAA BILLAAHE MAA SHAAA-ALLAAHO LAA MAA SHAAA-AN  
NAASO MAA SHAAA-ALLAAHO WA IN KAREHAN NAASO HASBEYAR RABBO MENAL MARBOOBEENA  
HASBEYAL KHAALIQO MENAL MAKHLOOQEENA HASBEYAR RAAZEQO MENAL MARZOOQEENA  
HASBEYALLAAHO RABBUL A'ALAMEENA HASBEE MAN HOWA HASBEE HASBEE HASBEE MAL LAM YAZAL

HASBEE HASBEE MAN KAANA MUZ KUNTO LAM YAZAL HASBEE HASBEYALLAAHO LAA ELAAHA ILLAA HOWA A'LAYHE TAWAKKALTO WA HOWA RABBUL A'RSHIL A'ZEEME.

Recite the following DUA'A (known as the DUA'A of Imam Jafar bin Muhammad al Sadiq) 25 times. :-  
[O Allah, forgive all believing men and believing women, and all Muslim men and Muslim women.]  
[O Allah, I beseech you in the name of rights, Muhammad and his children have with you, to send blessing on Muhammad and on the children of Muhammad and let me see and recognize (the truth), (let me) have deep insight of my religion, certainty in my heart, sincerity in my deeds, well-being of my self, enough livelihood, and let me thank you always till the end of my life.]

It is written Zayn al Muttaqin that the following multi purpose DUA'A was brought by Jibrail to the Holy Prophet and said: Whoever prays it after Fajar salat and also keeps it on the body as a ta'wid' receives the following benefits:-(i) protection from death by accident; (ii) exemption from the questioning by munkar and nakir in the grave; (iii) relief from the fright of abandonment and melancholy in the grave; (iv) diseases will be cured;(v) safe from oppression and exploitation;(vi) the right gates from the heaven will be thrown open for those who pray this dua'a.:- [There is no god save Allah, the glorious, the supreme. There is no god save Allah, the mighty, the oft forgiving. There is no god save Allah, the one, the dominating. There is no god save Allah, the single who has no associate, the only god, we surrender ourselves to his will. There is no god save Allah, Muhammad is the messenger of Allah, Ali is the vicegerent of Allah. Blessing of Allah be on his best creation, the manifestation of his pleasure, Muhammad and all his pure, pious and clean children, on account of your mercy, O the most merciful. Allah is sufficient for us, he is the best supporter, the best master, the best helper.]

Recite surah al Qadr 10 times. Recite surah Yaa Seen. Recite Surah al Ikhlās 100 times.

Keep right hand on the chest & recite 70 times "Ya Fattahu" ( O Opener)

Recite ten times "All Praise and Glory be to Allah, the Supreme And there is no power or power-acquiring Except through God, the High, and the Mighty".

Recite once: "In the name of God, the Merciful, the Compassionate God, guide me through Your Grace; Supplement my meager means with abundance of your generosity. Spread your Mercy All over me. Send down over me your Blessing!"

Recite ten times: "Glory and Praise be to Allah For there is no God except Allah And Allah is Supreme".

Recite ten times: "I bear witness that there is no God except Allah. He is alone having no equals or partners. Alone everlasting Who does not need to take a son or a spouse"

Recite once: "In the name of God, the Merciful, the Compassionate. I give, hereby, myself And all that God has give me In the custody of Allah, The one, The Everlasting, Who begets not. Nor has He been begotten. Nor there is one equal to Him! And I, hereby, take refuge with myself And that God has given me With the Lord of Day break From the evil of what He has created And from the evil of darkness when it gathers. And from the evil of those women who blow on knots And from the evil of envious when he envies. And I take refuge with myself and all that God has given me With the Lord of men, The King of men, the Sustainer of men From the evil or the slinking whisperer Who whispers in the breasts of men Of Jin and Men".

Recite once: There is no power or strength save in God The most High, the Most Supreme. I rely on the Living Who will not Taste, the Taste of death I laud and glorify the One Who has not take a spouse Or a son! Nor there was a partner to share sovereignty nor a friend To supplement a possible need. So glorify Him In the greatest way possible.

Recite three times: "I seek forgiveness from the Lord (testifying) There is no God other than Him The Living and the Everlasting Of Majesty and Splendour And I turn to Him In Repentance!"

Then recite: "O Lord I ask you In the name of Muhammad and his line of Progeny To have Mercy on Muhammad and his posterity. And (through them) grant me (also) The light in my eyes, the true understanding of my faith The (Divine) Certainty in my heart The sincerity in my actions and peace in my mind And spaciousness in the means of my living And gratitude unto You As long as you decide to keep me alive".

Then recite: "There is no God except Allah, the One, without any partner. To Him belongs the Kingdom and to Him is due all Praise. He gives life and death. In His hand is the good, and He has power over all things".

La ilaha il Allahu wahdahu la shareeka lahu lahul mulko wa lahul hamdo yohi wa yumeeto wa yohi wa huwa hayyun la yamooto be yadahil khair wa huwa ala kulle shaiyin qadeer

"I seek refuge in Allah, the Hearing, the Knowing, from the evil suggestions of Shaitans and seek refuge in Allah

from their presence. Surely Allah -- He is the Hearing, the Knowing”.

Then recite:“O Allah! Who transforms hearts and eyes, may my heart steadfast to Thy religion. And make not my heart to deviate after Thou hast guided me a right and grant me Thy mercy. Surely Thou art All – bestower, and by Thy mercy save me from the fire. Oh Allah! Extend the span of my life and increase my subsistence and unfold Thy Knowledge. If there is any misfortune for me in the guarded tablets make it fortunate for me, for surely thou effaces what Thou pleases and inscribes (what Thou pleases) and art heart of guarded tablet”.

Other Recommended duas after Fajr are Dua e Saba, Dua e Aafiyat, Dua'a E Aalishaan & Dua Ahad

Halqam asked Imam Jafare Sadiq (a.s.) , ‘ Ya Ibne Rasool Allah (a.s)! Teach me a supplication that will be beneficial for me now and also in the Hereafter.” The Imam said, “ After the Fajr prayer, till the dawn, recite the following:

Subhan allahil azeeme wa behamdehe astaghfirallaha wa asalahu min fazlehi

It is narrated from Imam Mohammed Baqir (a.s.) that one should recite the following invocation in the mornings:

Asbahto billahi moomenan ala deene Muhammadin wa sunnatehi wa deenil ausiae wa sunnatehim aamanto besirrehim wa alniyatehim wa shahedehim wa ghayebhim wa aaoozu billahi mimma asta aaza minhu rasoolillahi sal allaho alaihi wa aalehi wa alal ausiyae salawaat ullahi alaihim wa arghub ilallahi feeha raghebu ilaihi wa la haula wa la quwwata illa billahi.

It is also narrated from the Prophet of Allah (a.s.) that one who recites the following supplication before the sunrise, an angel will take it on its wings and go to the Firmament . When it arrives there, the other angels ask him what it was carrying. It says that it was carrying the supplication of a momin. The angels then pray to Allah for the acceptance of the momin's supplication. Similarly all the angels and the people of the Firmament will pray on his behalf. This supplication is treasured with the record of the good deeds of the Momin.:- Allaho akbar Allaho akbar kabeeran wa subhan allahi bukratan wa aseela walhamdulillahi rabbil aalameena kateeran la shareeka lahu wa salallahu ala Mohammedin wa aalehi.

Hazrat Ibrahim (a.s.) used to recite the following supplication thrice every morning. Allah used to keep him safe from all calamities the whole day:

Asbahto wa rabbi mahmoodan asbahto la shareeka billahi shaiyan wa la adau maallahi ilahan wa la attakhaza min doonehi waliyyan

It is narrated from Imam Mohammed Baqir (a.s) that before talking to anyone in the morning, one should recite the Sura e Qadr and blow on the Aqeeq stone (cornelian) and then recite the following supplication: Aamanto billahi wahdahu la shareeka lahu wa kafarto biljibte wat taghoote wa aamanto besirre aale Mohammedin wa alaniyatehim wa zaherehim wa batinehim wa awwalehim wa aakhirehim

Recite :-LAA H'AWLA WA LAA QUWWATA ILLAA BILLAHI TAWAKKAKTU A'LAL H'AYYIL QAYYOOMILLAD'EE LAA YAMOOTU WAL H'MDU LILLA AHILLAD'EE LAM YATTAKHID' WALADAN WA LAM YAKULLAHOO SHAREEKUN FIL MULKI WA LAM YAKULLAHOO WALIYYUMINAD' ALLAAHUMMA INNEE A-O'OD'U BIKA GHALBATID DAYNI WAS SUQMI WA AS-ALUKA AN TU-E'ENANEE A'LAA ADAA-I H'AQQIKA ILAYKA WA ILAN NAAS

[There is no power nor strength (with any) save with Allah. I depend upon the everliving self-subsisting (Lord) who does not die.Praise be to Allah who has not taken (unto Himself) a son, neither He has any partner in the kingdom; and proclaim His greatness by extolling (His glory). O Allah, verily I take refuge with You from distress, grief, burden of debt and bad health. I beseech You to please help me in discharging my duties to You and to mankind].

Recite :-ALLAAHUMMA S'ALLI A'LAA MUH'AMMADIN WA AALI MUH'AMMID WAHDINEE LIMAKHTULIFA FEEHI MINAL H'AQQI BI'ID'NIKA INNAKA TAHDEE MAN TASHAA-U ILAA S'IRAAT'IM MUSTAQEEM

[O Allah send blessings on Muhamad and on the children of Muhammad, and show me the way out of the controversial quarrel unto the truth by Your permission. Verily You guide whomsoever You want unto the right path].

Recite ALLAAHUMMA S'ALLI A'LAA MUH'AMMADIN WA AALI MUH'AMMADIL AWS'IYAA-IR RAAZ'EENAL MARZ'IYYEEN BI-AFZ'ALI S'ALWAATIK WA BAARIK A'LAYHIM BI-AFZ'ALI BARAKAATIKA WAS SALAAMU A'LAYHIM WA A'LAA ARWAAH'IHIM WA AJSAADIHIM WA RAH'MATULLAAHI WA BARAKAATUH

[O Allah, bless Muhammad and the children of Muhammad with your superior most blessings, and endow them with Your excellent endowments, and rest them alongwith their bodies and souls in peace and tranquility. Mercy and blessings of Allah be on them].

## ZUHR SALAT

Recite 8 Rak'ats (2X4) Nafilah -Recommended before Zuhr -

Before Zuhur Salat recite following Dua : .SUBH'AANALLAAHI WA LAA ILAAHA ILLALLAAHU WAL H'AMDU LILLA AHILLAD'EE LAM YATTAKHID' S'AAH'IBATAN WA LAA WALADAN WA LAM YAKULLAHOO SHAREEKUN FIL MULKI WA LAM YAKULLAHOO WALIYYUN MINAD'D'ULLI WA KABBIRHU TAKBEERA

[Glory be to Allah. There is no god save Allah. Praise be to Allah who has not taken (unto Himself) a wife, nor a son, neither He has any partner in the kingdom, nor has He any helper out of humanity; and proclaim His greatness by extolling (His glory).]

1. It is narrated from Hazrat Ali (a.s.) that the Prophet of Allah (a.s.) used to recite the following supplication after the Zuhr prayer.

In the name of Allah, the Beneficent, the Merciful.

There is no god But Allah, the Great, the Clement: there is no god but Allah, the Lord of 'Arsh (the throne) of Grace; and all praise is for Allah, the Lord of the worlds: O' Allah I beseech Thee for all that time which is the cause of Thy Mercy, and that which ascertain Thy Forgiveness: and the benefit of every virtue, and safety from every sin: O' Allah leave not any sin on me but that You forgive it, and any affliction but that You remove it, and any illness but that You heal it, and any defect but that You conceal it, and any subsistence but that You increase it, and any fear but that You protect (me) from it; and any evil but that You repel it, an any of my need in which is Thy pleasure and which is beneficial for me, but that You grant it; O' that Most Merciful, grant me my supplication, O' the Lord of the Worlds.

### Transliteration

Bismilla hir rahma nir rahim

laa ilaha ilal-lahool azimool-halim. laa ilaha ilal-laho rabbool arshil-karim. val-hamdo lil-lahe rabbil alameen, allahoomma inni as aloka moojebate rahmateka wa azaa eme maghfirateka val-ghanimata min koolle barrin vassaalamata min koole ismin allahoomma la tadali zamban illa ghafartahoo wa la karban illa kashaftahoo wa la hamman ila ferrajj-tahoo wa laa soqman illa shafai-tahoo wa la'aiban illa satartahoo wa la rizqan illa basattahoo wa la khavfan illa sarraftahoo wa la hajatan heya laka rezan valeya feeha salahoon illa qazaitaha ya arhamar-rahemeen aameen ya rabbal alameen

2. Then recite ten times:[I take refuge with Allah, I rely upon Allah, I confide my affairs to Allah.] Billahi itas'matu billahi athiqu al a'lallahi atawakkalu"

3. [O Allah, may be my transgressions are remarkably large and notable, but you are almighty, and my short comings are considerably extraordinary, but You are supreme, and avarice (desire for more and more favours) is insatiable, but you are the owner of superabundant bounties who gives out freely at will. O Allah forgive my a great many lapses in the name of your most liberal leniency and my thousands of shortcomings through you oft-forgiving and overlooking kindness, and gratify my greed for Your bounties through Your liberal generosity. O Allah whatever advantages I have are from You - there is no god save You. I ask for your forgiveness and I turned repentant unto you.]

ALLAAHUMMA IN A'Z'UMAT D'UNOOBEE FA-ANTA A'-Z'AMU WA IN KABURA TAFREET'EE FA-ANTA AKBARU WA IN DAAMA BUKHLEE FA-ANTA AJWADU ALLA AHUMMAGHFIR LEE A'Z'EEMA D'UNOOBEE BI-A'Z'EEMI A'FWIKA WA KATHEERA TAFREET'EE BIZ'AAHIRI KARAMIKA WAQMA'- BUKHLEE BIFAZ"LI JOODIKA ALLA AHUMMA MAA BINAA MIN NI'-MATIN FAMINKA LAA ILAAHA ILLAA ANTA ASTAGHFIRUKA WA ATOOBU ILAYKA.

4. [O Allah, grant me perfect and effective faith, a tongue always praising (You), a heart full of (Your) awe and fear, a body restraining desires, useful knowledge, enough means of sustenance, and send blessings on Muhammad and on all his children, through Your mercy, O the most merciful.] .

ALLAAHUMMAR-ZUQNAA EEMAANAN SAADIQAN WA LISAANAN D'AAKIRAN WA QALBAN KHAASHI-A'N WA BADANAN S'AABIRAN WA I'LMAN NAAFI-A'N WA RIZQAN WAASI-A'N WA A'MALAN MUTAQBBALAN WA TAWBATAN NAS'OO-H'N WA S'ALLALLAAHU A'LAA MUH'AMMADIN WA AALIHEE AJMA-E'ENA BIRAH'MATIKA YAA ARH'AMAR RAAH'IMEEN

5. Then recite: Oh Allah! The Lord of seven heavens, and the Lord of seven earths, and whatever is in them, and whatever is between them, and whatever is beneath them, and the Lord of tremendous throne. And the Lord of Gabriel, Michael and Israfeel, and the Lord of Sab-e-Masani (surah Al-Fateha), and the Lord of tremendous Quran; and the Lord of Muhammad, the last of the Prophets of Allah, bless him and his progeny. Unbounded blessings be on Muhammad and progeny of Muhammad. I ask Thee by Thy mightiest name, by Whom heavens and earth are sustained, and by Whom the dead are given life and the living are provided with sustenance, and the gathered, and the scattered are gathered, and by Whom are encompassed the number of the spans of life, and the weight of mountains, and the measure of oceans. Oh one! Who are like this, I ask Thee to Shower unbounded blessing on Muhammad and the progeny of Muhammad and do for me such and such (in the place of 'such and such' ask for you need).

After this, raising your hands towards the sky recite the following: "O Allah! I seek nearness to Thee by Thy munificence and generosity, and seek nearness to Thee through Muhammad, Thy slave and Thy messenger; and I seek nearness to Thee, through Thy angels and Thy prophets. Bless Muhammad and the progeny of Muhammad and nullify my mistakes, and hide my defects, and pardon my sins, and fulfil my needs, cure my progeny and dependents, and do not chastise me for my reprehensible – (foul base) acts, for, verily, Thy munificence and Thy pardon and Thy forgiveness are wide".

6. Recite salawat 100 times: [Blessings of Allah be on Muhammad on he children of Muhammad.]

- i. You will never have to take loans, even if there is a debt you owe to anyone you will get enough funds to repay it.
- ii. Your belief in Allah shall not only remain intact but also grow from strength to strength.
- iii. You will be able to fulfill your duties and obligations concerning the bounties if Allah has given you sustenance rizq akbar in large quantity in this world.

7 Recite Surah al Nab-a.

## **AFTER ASR SALAT**

THE SUPPLICATION AFTER ASR PRAYER Imam jafar e Sadiq has said that a person who says Asthghfar seventy times after the Asr prayer, Allah will pardon his seven hundred sins. If he doesn't have so many sins in his account, Allah will pardon the sins of his parents or other relatives.

I ask forgiveness of Allah, (who is) "There is no god save He," everliving, eternal, beneficent, merciful, owner of might and majesty. I beseech Him to accept my repentance, the repentance of a servant-insignificant, submissive, destitute, needy, worried and helpless seeking protection, who, on his own, neither can win nor lose, nor die, nor live, nor come to life again.

Transliteration Astaghfirallahallazi la ilaha illa huwal haiul qayyumur Rehmanur Raheemu zuljalale wal ikrame wa asaalahu an yatooba alaiyya taubata abdin zaleelin khazein faqeerin baessin miskeenin mustajeerin la yamleku lenafsehi nafan wa la zarran wa la mautan wa la hayatan wa la nushura

[O Allah, I run away (unto you) from an insatiable self, unremorseful heart, useless intelligence, unaccorded prayer, and unfulfilled request. O Allah I beseech You for ease in the wake of distress, joy after sorrow, comfort coming after hardship. O Allah whatever facility have in from You. There is no god save You. I ask for your forgiveness and I turn repentant unto you.

asr

ALLAAHUMMA INNE A-O'OZO BEKA MIN NAFSIL LAA TASHBA-O', WA MIN QALBIL LAA YAKH-SHA-O', WA MIN I'LMIL LAA YANFA-O', WA MIN SALAATIL LAA TURFA-O', WA MIN DO-A'A-IL LAA YUSMA-O', ALLAAHUMMA INNEE AS-ALOKAL YUSRA BA'DAL U'SRE, WAL FARAJA BA'-DAL KARBE WAR-RAKHAAA-A BA'-DASH SHIDDATE ALLAAHUMMA MAA BENAA MIN NE'MATIN FA-MINKA, LAA ELAHA ILLAA ANTA, ASTAGHFEROKA WA A-TOOBO ELAYKA.

2. Recite 8 Rak'ats Nafilah(2X4) recommended for Asr Before Asr Prayer-

3. [O Allah, I ask you to make me do pious deeds, and that which is lawful, prevent me from doing that which is forbidden, let me do that which is good; protect us have pity on us, admit us to your mercy, and cause us to die without ever having been seduced to evil, by your mercy, O the most merciful.] .ALLAAHUMMA INNEE AS-ALUKAT'T'AYYIBAATI WA TARKAL MUNKARAATI WA FI'-KAK KHAYRAATI AN TAGHFIRA LANAA WA TARH'AMANAA WA TATOIBA A'LAYNAA WA TAWAFFANAA GHAYRA MAFTOONIN BIRAH'MATIKA YAA ARH'AMAR RAAH'IMEEN

4. "Glory be to Allah, all praise is due to Him! There is no god but Allah. Allah is the greatest; and there is no might and no strength but from Allah, the most superior, the All-tremendous. Glory be to Allah at morning and evening. Glorify His purity when you enter upon the time of evening and morning. And to Him belongs praise in the heavens and the earth, at night fall and mid-day. Glory be to Allah and all honour for He is free from the stories ascribed

(about Him). Peace be on His apostles. And all praise rightly belongs to Allah – Lord of the worlds. Glory be to possessor of the dominion and the Kingdom. Glory be to possessor of might and invincibility. Glory be to the Living, the one Who will never die. Glory be to the All-Self-existent, the Everlasting, Glory be to the Living the Self-subsistent. Glory be to the All-high, the Most High. Glory be to Him and exalted be He, All-glory and All-holy, our Lord and the Lord of Angels and spirit. Oh Allah, surely my sin seeks the refuge of Thy pardon; and my fear seeks the refuge of Thy peace; and my indigence seeks the refuge of Thy self-sufficiency; and my abasement seeks the refuge of Thy exaltation. Oh Allah! Bless Muhammad and the progeny of Muhammad, and pardon me, and have mercy on me, for surely Thou art the Praised and the Glorious. Oh Allah! as Thy light has guided me, so all praise is due to Thee; and by the bounty of Thy clemency pardon me, so all praise is due to Thee Oh our Lord! Thou art the Most Generous of the generous and Thy Splendour is greater than all splendour, and Thy gift is greater in merit than all gifts. Thou thank those who obey thee and forgive when disobeyed, and grants the supplication of one in distress, and removes the harm, and rescues from affliction, and enriches the indigent, and cures the ailing, and nobody can recompense for any of Thy blessings. Oh Most Merciful of the Merciful!”.

Then recite:“Oh He Who ended prophecy on Muhammad (Allah bless him and his progeny), end for me this day with goodness, and my mouth with goodness, and my year with goodness and my life with goodness”.

5. Recite 100 times: Astagfirullah [I ask forgiveness of Allah.] i. Your sins will be forgiven.ii. Your sustenance will be increased.iii. Your prayers and invocations will be accepted.

6. Recite Surah al A's'r.

7. Recite Surah al Qadr 10 times.

## **AFTER MAGHRIB SALAT**

In the name of Allah, the Beneficent, the Merciful.

O' Allah I beseech Thee for the causes of Thy Mercy; the rights of Thy pardon; Safety from every sin; the benefit from virtue: Salvation from (Hell) Fire and every Calamity; achievement of the Paradise and (Thy) Pleasure in the abode of peace; and the proximity of Thy Prophet Mohammed and his (purified) progeny-peace be on all of them.

O' Allah! Whatever bounties we have, all are from Thee: there is no deity except Thee; I beseech Thy forgiveness and turn unto Thee.

magrib

TransliterationBismilla hir rahman nir rahim

Allahooma ini as'aluka moojebatin rahmateka wa azaa-ima maghfirateka wal najaata minal naare wamin koole bali-yatin wal fawza bil-janatin wal-rizwaana fi' daaris-salaami wa jawaari nabi-yeka muhammadin alaihi wa aalihi ' salaamu alaahuma ma-bena min ne'matin faminka laa ilaha illa anta astaghfirooka wa atooba ilaika.

Imam Moosa Kazim (a.s) narrates that when you have finished the evening ( Maghrib) prayer, then without talking to anyone, say the following a hundred times:

Bismillahir Rahmaan ir Raheem la haula wa la quwwata illa billahil ali il azeem

Recite 4 Rak'ats Nafilah (2X2) for Maghrib

It is narrated from Ameer al Momineen (a.s.) that anyone who recites the following verse three times at the time of Maghrib prayer, till the next morning he will not suffer any loss and he will be safe from natural calamities: Fa subhan allahi heena tumsoona wa heena tusbehoona wa la hul hamdo fis samawaate wal arze wa ashi an wa heena tuzheroona – 30.18

2. [Verily Allah and His angels send blessings on the prophet. O you who believe send blessings on him and from the depth of heart say peace be on him. O Allah send blessings on the prophet Muhammad and on his progeny and on his children.]

INNALLAAHA WA MALAA-IKATAHU YUS'ALLOONA A'LAN NABIYY YAA AYYUHALLAD'EENA AAMANOO S'ALLOO A'LAYHI WA SALIMOO TASLEEMA ALLAAHUMMA S'ALLI A'LAA MUH'AMMADIN NABIYYI WA A'LAA D'URRIYYATIHEE WA A'LAA AHLI BAYTIHEE

3. Recite 7 times: [In the name of Allah, the beneficent, the merciful, and there is no stratagem and no power save with Allah, the supreme almighty.] BISMILLAHIR RAH'MAANIR RAH'EEN WA LAA H'AWLA WA LAA QUWWATA ILLAA BILLAAHIL A'LIYYIL A'ZEEM

4. Recite 3 times: [Praise be to Allah who does that which He wills. And He who is other than He cannot do what

he wants.]ALH'AMDU LILLA AHILLAD'EE YAF-A'LU MAA YASHAA-U WA LAA YAF-A'LU MAA YASHAA-U GHAYRUHOO

5. [O Allah, draw me out from the hell safe and sound, allow me to enter the paradise in peace and (Your) protection, cause us to die as muslims, and join us with the pious, send blessings on Muhammad and on all his children through Your generosity and mercy. O the most merciful.]

O Allah help us to depart from life of this world in safety and save us from fire and make us enter Paradise with peace and safety. And make us die in Thy submission and include us with the righteous, I beseech You by Thy grace and mercy on us, Oh Most Merciful of the Merciful! .

ALLAAHUMMA AJIRNA MINAN NAARI SAALIMEENA WA ADKHILNAL JANNATA BISALAAMIN AAMINEENA WA TAWAFFANAA MUSLIMEENA WA ALH'IQNAA BIS' S'AALIH'EENA WA S'ALLALLHU A'LAA MUH'AMMADIN WA AALIHEE AJMA-E'ENA BIFAZ'LIKA WA RAH'MATIKA YAA ARH'AMAR RAAH'IMEEN

Then recite:

"Oh Allah! Who transforms hearts and eyes, steadfast in Thy religion. And deviate not my heart after Thou hast guided me aright and bless me from Thy mercy. Surely Thou art the Most generous Giver, and by Thy mercy protect me from the fire. Oh Allah! extend the span of my life and increase my subsistence and spread Thy mercy on me; and, if in Thy Knowledge, there is anything unhappy for me in the guarded tablets change it into happiness, for surely Thou changeth what Thou pleaseth and inscribe what Thou pleaseth; and the guarded Tablet belongs Thee alone".

Then recite: "Surely Allah and His angels bless Prophet; Oh you who believe call for (Divine) blessings on him and salute him with a (becoming salutation. Oh Allah bless Muhammad, Thy Prophet and his progeny and his household".

6 Recite 100 times or 10 times LAA ILAHA ILLALLAAH [There is no god save Allah.] i. You will remain safe from the temptations of sins. ii. Allah will be pleased with you. iii. You shall be kept safe from the ordeals every human being faces in the grave.

7. Recite Surah al Waaqi-a'h.

8. Recite Ghufaylah Salat between Magrib & Isha

## **AFTER ISHA SALAT**

Recite :

"O Allah! surely, I have no knowledge of the main source of my subsistence, and I seek it only through the passing thoughts that come to my heart, and I wander about in cities searching for it, and I am preplexed in regard to what I search for. I do not know whether it is in a valley or in the mountains, in the earth or in the heavens, in the continent or in the sea, and in whose hands it is, and from whom it is. And surely I know that Thou hast its Knowledge, and its sources are in Thy hand, and Thou alone distributes it by Thy kindness, and creates opportunities through Thy mercy. Oh Allah therefore bless Muhammad and his progeny; and Oh Lord! increase my sustenance, apportioned by Thee, and make easy to search and the source near; and do not make me strive in the search of what Thou hast not decreed from my sustenance. For, surely: Thou art indifferent to chastise me and I need Thy mercy. Bless Muhammad and his progeny and by Thy grace show generosity to Thy slave, surely Thou art the most generous".

isha

Transliteration:

ALLAAHUMMA INNAHU LAYSA LEE I'LMUN BIMAWZ'I-I' RIZQEE WA INNAMAA AT'LUBUHU BIKHAT'ARAATIN TAKHT'URU A'LAA QALBEE FA-AJOO LU FEE T'ALABIHIL BULDAANA FA-ANAA FEEMAA ANAA T'AALIBUN KAL-H'AYRAANI LAA ADREE A-FEE SAHLIN HUWA AM FEE JABALIN AM FEE ARZ'IN AM FEE SAMAA-IN AM FEE BARRIN AM FEE BAH'R WA A'LAA YADAY MAN WA MIN QABLI MAN WA QAD A'LIMTU ANNA I'LMAHU I'NDAKA WA ASBAABAHU BIYADIKA WA ANTALLAD'EE TAQSIMUHU BILUT'FIKA WA TUSABBIBUHU BIRAH'MATIKA ALLAAHUMMA FAS'ALLI A'LAA MUH'AMMADIN WA AALIHEE WAJ-A'L YAA RABBI RIZQIKA LEE WAASI-A'N WA MAT'LABAHU SAHLAN WA MAAKHAD'AHU QAREEBAA WA LAA TU-A'NNINEE BIT'ALABI MAA LAM TUQADDIR LEE FEEHI RIZQAN FA-INNAKA GHANIYYUN A'N A'D'AABEE WA ANAA FAQEERUN ILAA RAH'MATIKA FAS'ALLI A'LAA MUH'AMMADIN WA AALIHEE WA JUD A'LAA A'BDIKA BIFAZ'LIKA INNAKA D'OO FAZ'LIN A'Z'EEM

2. Recite 2 Rak'ats Nafilah Recommended for Isha while sitting-

3. I seek protection with the Honour of Allah; I seek protection with the Might of Allah: I seek protection with the forgiveness of Allah I seek protection with the mercy of Allah: I seek protection with the Authority of Allah who is All Powerful over everything: I seek protection with the Grace of Allah: and I seek protection with All-Prevalent Allah

from the evil of every insolent tyrant and the despised Devil, every Killer, thief and every one approaching (to harm); and from the evil of poisonous (animals), Vermin's and those causing in-jury; and from the evil of every animal, whether small or big, by night and by day; and from the evil of the transgressors of Arabs and non-Arabs; and of loose-conduct from among them; and from the evil of the transgressors from among the genil and men; and from the evil of every animal Thou takest by its fore-lock: indeed my Lord is on the right path.

A'ooza be'izzatil-lahe wa a'oozo be-qoodaratil-lahe wa a'oozo be-magh-firatil-lahe wa a'oozo be-rahmatil-lahe, wa a'oozo be-sooltanil-lahil-lazi-hova ala koolle shai'in qadeer. Wa a'o-ozo be - karamil-lahe wa a'oozo be jamillahes min sharre koolle jabbarin aneedin wa shaitanin mareed koolle-jabbarin aneedin wa shaitanin mareed, koolle mookh-talin wa sare-qin wa arezin, wa min sharris saam-mate val-haam-mate val-aam mate, wa min sharre koolle daab-batin saghiratin av kabiratin be lailin wa naharin, wa min sharre foossaquil-arabe val-aajame wa foojjarehim, wa min sharre fasaqatit jinne val-inse, wa min sharre koolle daab-batin anta aakhizoon benasiyateha inna rabbi ala siratim moostaqeem

Imam Mohammed Taqi (a.s.) has said that one who recites the Sura Qadr 7 times ..Inna anzalna after the mandatory maghribain prayers, he will remain in the care of Allah till the morning.

Recite Sura Mulk

After the night prayer recite the following supplications:

"Oh Allah save us from all tribulations of the world; and turn away from us the evil of the world and the evil of the hereafter; and give us the good of the world and the good of the hereafter; By Thy grace and by Thy mercy, Oh Most Merciful of the Merciful!"

ALLAAHUMMA A'AFINAA MIN KULLI BALAA-ID DUNYAA WAS'-RIF A'NNAA SHARRAD DUNYAA WA SHARRAL AAKHIRATI WAR-ZUQNAA KHAYRAD DUNYAA WA KHAYRUL AAKHIRATI BIFAZ"LIKA WA RAH'MATIKA YAA ARH'AMAR RAAH'IMEEN

Then recite the following:

"Oh Allah, this is the prayer that I have offered to thee. In offering it I have no need from Thee and no personal wish from Thee except to bow down (before Thy majesty) and to obey Thee and to comply with what Thou hast commanded me. Oh Allah, do not punish me if there has been any flaw or defect in my bowings, my prostrations or my standings or sittings, and bestow Thy grace on me by Thy acceptance and forgiveness by Thy mercy. Oh Most Merciful of the Merciful!"

Then recite the following:

"I seek refuge in the might of Allah, and I seek refuge in the power of Allah, and I seek refuge in the forgiveness of Allah, and I seek refuge in the mercy of Allah, I seek refuge in the dominion of Allah, He Who has power over all things, and I seek refuge in the mercy of Allah from the evil of all strong tyrants and the rebellious Shaitan, and all persons who attack from ambush, thieves and all accidents; and from the poisonous animals, and noxious insects and reptiles and evil of the common people, and from the menace of the small and big beasts in the nigh or in the day; and from the evil of the transgressors of Arab and non-Arabs and their sinners, and from the evil of the transgressors among Jinn and men and from the evil of all living creatures which Thou holds by their forelock. Surely straight is the path of my Lord".

Then recite the following:

"Oh Allah! I ask Thee for joyful patience, great reward; sincere turning; a remembering tongue; forbearing body; increased subsistence beneficial knowledge and good action; granted supplication; forgiven sin; honest livelihood; decent children; wholesome cure; a blessed destination; a victory close at hand; and lasting bliss and the Paradise, and silk, and freshness and vigour, and delight, by Thy mercy, Oh Most Merciful of the Merciful!"

Then recite the following:

"Oh Allah! By the truth of Muhammad and the progeny of Muhammad, bless Muhammad and the progeny of Muhammad; and save me from Thy plan; and make us not forgetful of Thy remembrance; and do not disclose our defects which Thou has concealed; and do not deprive us of Thy grace; and do not bring down Thy wrath on us; and do not send us away from Thy vicinity and do not diminish Thy mercy on us; and do not deflect Thy blessing from us; and do not deprive us of Thy salvation and set aright what thou has given us; and increase Thy blessed, excellent and fine bounty on us; and do not alter thy blessings which we possess and do not remove us away from Thy abundance for undoubtedly thou art most generous; and do not let us go astray after thou hast guided us aright; and grant us from Thee mercy. Verily, Thou are Most generous. Oh Allah! make our hearts obedient to Thee and our souls good, and keep our wives chaste, and make our tongues truthful and our belief lasting and our certainty sincere and do not destroy our livelihood our Lord! Grant us good in the world and good in the hereafter,

and save us from the chastisement of the fire”.

## **THE INVOCATIONS OF THE MORNINGS AND EVENINGS**

Imam Jafar e Sadiq (a.s) has said, “ when a person recites the following ten times before the sunrise and before the sunset every day, all his sins committed on that day will be pardoned:

La ilaha il Allaho wahdahu la shareeka lahu la hul mulko wa la hul hamdo yohi wa yumeeto wa yohi wa huwa hayyun la yamooto be yadahil khair wa huwa ala kulle shaiyin qadeer

Imam Mohammed Baqir (a.s.) has said, “ One who recites the Salawat on Mohammed and his progeny ten times at dawn and repeats the following words

Subhan Allah ( 35 times)

La ilaha il Allah (35 times)

Alhamdu lillah (35 times)

And repeats the same at dusk, then he will be counted as those who are busy supplicating to Allah throughout the day. And one who says allaho Akbar a hundred times at dawn and at dusk, he will get Reward equal to releasing a hundred slaves.

It is narrated that the Prophet of Allah (a.s.) used to recite three hundred and sixty times every dawn and dusk the following Alhamdu lillahi rabbilaalimeen kateeran ala kulle haalin

He (a.s.) said that there are 360 veins in the human body. Of them 180 are mobile and the other 180 are static. If, even one mobile vein becomes static, or any of the static veins becomes mobile, then the person doesn't get the sleep and remains restless the whole night. He should therefore regularly recite the invocation mentioned above.

Hazrat Ameer al Momineen has said that anyone who recited three times the following words every morning and evening, then Allah will certainly enter him into the Heaven:

Razaito billahi rabban wa bilislame deenan wa Muhammadin sal allaho alaihi wa aalehi nabian wa bil qurane balaghan wa be aliyin imaman wa bil ausiayo min wuldehe aayimatan

Imam Jafar e Sadiq (a.s.) has said that one who recites the following words 25 times every day, then Allah will write one virtue in the names of all the momins from Adam (a.s.) till the Day of Reckoning and to that individual he will Reward equal to that of all the momins:

Allahumma aghfiru lilmomineena wal mominaate wal muslimeena wal muslimaate

## **SAJDA E SHUKR- THE PROSTRATION OF THANKSGIVING**

Prostration of thanksgiving after every mandatory prayer was the practice ( Sunnat e Muwakkida) of the Prophet ( a.s.).

Imam Jafar e Sadiq (a.s.) has hinted at it's being mandatory and said that when a person makes a prostration of thanksgiving, Allah addresses the angels and tells them that a sincere creature is doing the Sajda e Shukr. He asks the angels to suggest what Reward must be given to the person. The angels would suggest that Allah keep His Blessings with the person for his act. Allah will again ask them what else should be the Reward for the person? The angels say, ' O Sustainer! Give him a place in the Heaven!' Allah will again ask the angels, ' What else?' The angels reply, ' O Allah! Give a place in the Heaven for the person's parents and children, as well!' Allah will again ask the angels to suggest some more Reward for the person. The angels would reply, ' We have made suggestions to the best of our knowledge! We have nothing else to suggest! You know everything!' Then Allah would say, ' The person has thanked Me in all sincerity and humility, therefore, in return, I too shall thank him!'

Imam Reza (a.s.) has said that while making the prostration of thanksgiving, a person should say Shukran lillah atleast three times. Also he should say a 100 times 'Afwan' or 'Shukran'. Either in prostration he should first say a hundred times Afwan or 'Al-afu Al-afu.' Then he should keep the right cheek at the place of prostration and s make any supplication as, for example, Ya Allaho, Ya Rabbaho, Ya Syedaho. Similarly he should keep his left cheek at the place of prostration and say the same words. In the end he should place his forehead at the same spot and repeat Shukran Shukran ya Shukran Allah a hundred times.

Remember that this prostration is not a part of the mandatory prayer. This is only a sunnat. While doing this, the person should place his chest and the tummy on the ground, spread his arms and keep his knees flat on the ground. He should pray for the welfare of himself and all the momineen with tearful eyes. Allah likes his creatures imploring Him for help in this manner.

Our Imams (a.s.) used to make long prostrations of thanksgiving. Specially Imam Moosa Kazim (a.s.) used to do the sajda after completing his fajr prayer which stretched well into the sun up. When he was asked about his Sajda e Shukr, the Imam (a.s.) said, one should recite the following supplication while doing the Sajda:

Allahumma inni ashaduka wa ashadu malaekateka wa ambiyaeka wa rusuleka wa jamieh qalkeka annaka allaho rabbi wal islamo deeni wa Muhammadan nabiee wa Aliyan wal Hassane wal Hussaine wa Ali ibnal Hussaine wa Mohammed ibne aliyyin wa Jafar ibne Mohammedin wa Moosa ibne Jafar wa Ali ibne Moosa wa Mohammed ibne Aliyyin wa Ali ibne Mohammedin wal Hassan ibne Aliyyin wal Hujjata ibnal Hassane ayyimmati behim atwallah wa min aadayehim atabbara

Then the person should recite Shukran a hundred times and also say the Salawat. Afterwards he should say thrice: Allahumma inni unshudaka dam al mazloom

Then repeat the following thrice as well:

Allahumma inni unsheduka bayuaayeka ala nafseka leadayeka letuhlaknahum beaidiana wa aidial momineena  
allahumma inni ansheduka beyuaieka ala nafseka leauliyaeka letuzfera behim beaduweka wa aduwwehim  
antusalle ala Mohammedin wa alal mustahfezeena min aale Mohammedin

Then he should recite the following thrice: Allahumma inni asalukal yusra baadal usre

Then he should keep his right cheek at the place of prostration and repeat thrice the following:

Ya kahufi heena tuainil mazahiba wa tuzeeqa alalarze bema rahubato wa ya berabbia khalqi rahmata bee wa kunto min qalqi ghaniyan salle ala Mohammedin wa alal mustahfezeena min aale Mohammedin

Then the left cheek is kept at the place of prostration and the following words recited thrice:

Ya muzillo kullo jabbarin ya muizzo kulle zaleelin qad izzateka balagh bee majuhoori.

In one narration it is said that the Prophet of Allah (a.s.) used to recite the following while doing the prostration of thanksgiving:

Aaazubeka min naarin harreha la yutfa wa aaoozubeka min naarin jadeeduha la yubla wa aaazubeka min naarin utusanuha la yuruwayee wa aaoozubeka min naarin masukubaha la yuksa

It is narrated that Hazrat Ameer al Momineen (a.s.) used to recite the following supplication while doing the Sajda e Shukr:

Irhamo zulli baina yadaika wa tazurrai ilaika wa wahshati minan naase wa unsa beka ya kareem

### **Salutations / Ziaraat after prayer**

Imam Reza (a.s.) was asked about the method of offering salutations to the Prophet (a.s.) and his Ahl al Bayt (a.s.) after the mandatory prayers. The Imam (a.s.) asked one to say the following: More Salutations at [www.ziaraat.org](http://www.ziaraat.org)

As salaam alaika ya rasool allah wa rahmat ullahi wa barakatahu ya Mohammed bin Abdallah as salaamu alaika ya khairatillahe as salaamualaika ya Habeeb Allah as salaamualaika ya sifwat allahi as salaamualaika ya ameenallahi ashadu annaka Rasool allahi wa ashaduannaka Muhammad ibne Abdallahi wa ashaduannaka qad nashata leummeka wa jahadta fi sabeele rabbaka wa abdutahu hatta ataakal yaqeena fajazaakallaha ya rasool Allahi afzala ma jazaee nabiyani ummehi alla humma salle ala Muhammadin wa aale muhammedin afzale ma sallaita ala Ibraheema innaka hameedun majeed

Ziyarat Imam Hussain AS

Peace be upon thee, O Imam Hussain.

Peace be upon Thee, O son of Holy prophet

Peace be upon thee, O son of (Imam Ali) the Commander of Faithful

Peace be upon thee, O son of Fatima Zahra

Peace be upon thee-O Abbas (son of Imam Ali)

Peace be upon thee, and the mercy of God and His Bounties

Ziyarat Imam Ali ibn Musa ar Ridha AS

Peace be upon thee, who lies far away from his domain

Peace be upon thee, O Ali son of Imam Musa ar Ridha

Peace be upon thee and mercy of God and His Bounties

Zirat Imam Mahdi AS

Peace be upon thee O king of the times

Peace be upon thee O Imam of men and jinn

Peace be upon thee O Companion of Qur'an

Keep us under your protection

Peace be upon thee and the mercy of God and his Bounties

O our God, bless Muhammad, and the Progeny of Muhammad

Ziyarat Imam Hussain AS

AS SALAAMU ALAIKA YA ABA ABDIL LAH

AS SALAAMU ALAIKA YABNA RASOOL-UL-LAH

AS SALAAMU ALAIKA YABNA AMIR UL MOMINEEN

AS SALAAMU ALAIKA YABNA FATIMATUZ ZAHRA

AS SALAAMU ALAIKA YA ABIL FAZLIL ABBAS

AS SALAAMU ALAIKUM WA RAHMATUL LAHI WABARAKATUH.

Ziyarat Imam Ali ibn Musa ar Ridha AS

AS SALAAMU ALAIKA YA GHARIBUL GHURABA

AS SALAAMU ALAIKA YA ALI IBNE MUSA AR RIDHA

AS SALAAMU ALAIKUM WA RAHMATUL LAHI WABARAKATUH.

Zirat Imam Mahdi AS

AS SALAAMU ALAIKA YA SAHIB UL ASR WAZ ZAMAN

AS SALAAMU ALAIKA YA IMAM AL INSI WAL JANN

AS SALAAMU ALAIKA YA SHARIK AL QURAN

AL AMAAN, AL AMAAN, AL AMAAN

AS SALAAMU ALAIKUM WA RAHMATUL LAHI WABARAKATUH

ALLA HUMMA SALLI ALA MUHAMMADIN WA ALI MUHAMMAD