

This ingredient list has MSG and Hydrolyzed Vegetable Protein everywhere. Burger King, McDonalds, Wendy's, Taco Bell, and Kentucky Fried Chicken to name a few. The MSG triples the amount of insulin the pancreas creates, causing rats (and humans?) to become obese



Sweet Misery: A Poisoned World
<http://video.google.com/videoplay?docid=566922170441334340>

The video shows world experts on aspartame, Doctors Roberts, Blaylock, Walton, Olney, and Bowen explaining how deadly aspartame is.

Lawsuits have now been filed against some of the world's largest companies for poisoning the public with aspartame including Coke, Pepsi, Slimfast, Atria - General Foods, Walmart, Bayer...

Read it all on <http://www.wnho.net>

ABC News Feb. 13, 2006 — - The debate over the safety of artificial sweeteners intensified over the weekend, when an article in The New York Times said Aspartame, the most popular sugar replacement in America, might cause cancer in rats.

Aspartame, which was invented in 1965, is found in more than 6,000 products, and most people know it by its trade names, NutraSweet and Equal. It is estimated that 200 million people consume Aspartame so if it is unsafe, the effects could be far-reaching. Dr. David Katz, ABC News' medical contributor, said that people should not jump to conclusions based on the rat study.

Agriculture Depends on the Abrogation of NAFTA

The Canadian farming industry is in crisis. This is largely the product of globalization and the so-called "free trade" agreements that have opened our country to predatory practices. A few large transnational corporations want to monopolize the world food supply from seed to feed to production and finally processing in order to make both producers and consumers totally dependent.

We as an independent nation are capable of finding and developing markets, and diversifying products and markets that will benefit and revitalize rural communities. In a shrinking world, the value is in the resources. We must not lose control of our farmland and the skilled people who live there. Encroaching foreign corporate ownership must be stopped.

The abrogation of NAFTA is essential to reclaiming our sovereignty, and with it the ability to formulate our own policies, which have the sole objective of long term economic and environmental sustainability. We will create profit-based policies to put realistic dollars into farmers' pockets. We must be free of corporate agri-business which is controlled by a few international corporations.

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Depleted Uranium The Silent Killer



Tragically, every air strike uses bombs and missiles that are encased and ballasted with depleted uranium (DU) which aerosolizes upon impact.

Nuclear experts agree that DU is a weapon for killing lots of people that keeps on killing forever. It meets the U.S. government's own definitions of weapons of mass destruction.

And there is no way to ever clean it up.

According to the White House website, an estimated 24,000 bombs dropped with 900 tons of DU released in the initial 2001 invasion of Afghanistan. There is a lot of deadly radioactive DU around there; but it won't just stay put. It will eventually be everywhere including in your backyard!

http://www.youtube.com/watch?v=EJftO_nxQQY



Say No to War. Bring our troops home.

Sep. 16, 2006, 06:48 AM Toronto Star
OTTAWA—Canada is escalating its military presence in Afghanistan — dispatching heavy battle tanks and 450 additional troops. The reinforcements come as Prime Minister Stephen Harper admits that Canada is at war — an admission his senior ministers have until now refused to make.

"The fact remains we are engaged in a war in Afghanistan. We have been for some time but today we are on the front lines of that war," Harper said in an interview with CBC Radio One's *The House*, to be broadcast today.



73 Canadian soldiers have been killed in the Afghanistan war as of November 17, 2007. We are no longer there as peacekeepers. We have become part of the NATO/US led Operation Enduring Freedom

North American Aerospace Defence Command



Ottawa has been quietly negotiating a far-reaching military cooperation agreement, which allows the US Military to cross the border and deploy troops anywhere in Canada, in our provinces, as well station American warships in Canadian territorial waters.

The creation of NORTHCOM was announced in April 2002, and constitutes a violation of Canadian sovereignty. Then Defense Secretary Donald Rumsfeld stated that the US Northern Command would have jurisdiction over the entire North American region.

NorthCom's stated mandate is to **"provide a necessary focus for continental aerospace, land and sea defences, and critical support for the nation's civil authorities in times of national need."**

April 29 2006 *The Conservative government recommitted Canada to the NORAD agreement on Friday, giving new responsibilities to the military alliance in a quiet ceremony in Ottawa.*

The new deal commits Canada to "indefinite" participation in the air defense pact, and gives NORAD the new responsibility of watching out for terror attacks by sea, according to a report in the *Toronto Star*

October 12 2007 *Stephen Harper names John Manley to head up panel on the future of the Afghan mission...*

The PM tapped former Liberal cabinet minister John Manley to head up the discussion group, which will look at different options on what should be done once Canada's commitment to the NATO-led operation ends in February 2009.

CityTV News

**Become Aware...Become Informed...
Become Empowered**

**Canadian Action Party
CAPAC**

Will you help us save Canada?

The Canadian Action Party calls for:

- An immediate withdrawal of our troops from Afghanistan.
- Perform a Parliamentary review of future roles and capability of Canada's military,
- Use a common sense monetary policy that would make it possible for us to afford funding for defense without sacrificing social programs.
- Ensure adequate funding for the sole purpose of peacekeeping, protecting our sovereign coastal and Artic borders and disaster relief.
- Stop investing Canadian Pension Plan funds in companies that manufacture 33 of the weapons used in the War against Iraq.
- End government contracts to military companies involved in missile defense, land mines and weapons containing depleted uranium.
- Remove Canadian war planners from the Bi-national Planning Group and NORTHCOM.

End the culture of war mentality that is driving the greed and lust for power, control and dominance of people all over the world. CAP seeks to promote policies, which support peace, justice and freedom for all.