

How to Throw Cards

The Grip (2 Basic methods):

Before throwing a card it is necessary to acquire the proper grip. There are actually a few that work quite well. In the following verbal descriptions of how to hold the card, it is assumed that the thrower is right handed. Also, the corners and sides are labeled with the card being held so the number and suit are in the Northwest corner, thus the top of the card is North.

The method which seems to be the easiest for beginners is the following: the card is simply held between the pointer and middle finger, so that the finger tips squeeze the northeast corner of the card (NW for leftys), and the right edge of the card is partially in between the fingers, and the southeast corner touches the palm of the hand. Keep the hand straight out, as if going to shake hands, and the left edge of the card should run parallel to the hand.

The next method, is quite similar to the last, in that the card is gripped between the tips of the pointer and middle fingers. The main difference is that the finger tips squeeze the northwest corner. The northeast corner contacts the palm just below the fingers, and the right edge of the card runs down along the palm.

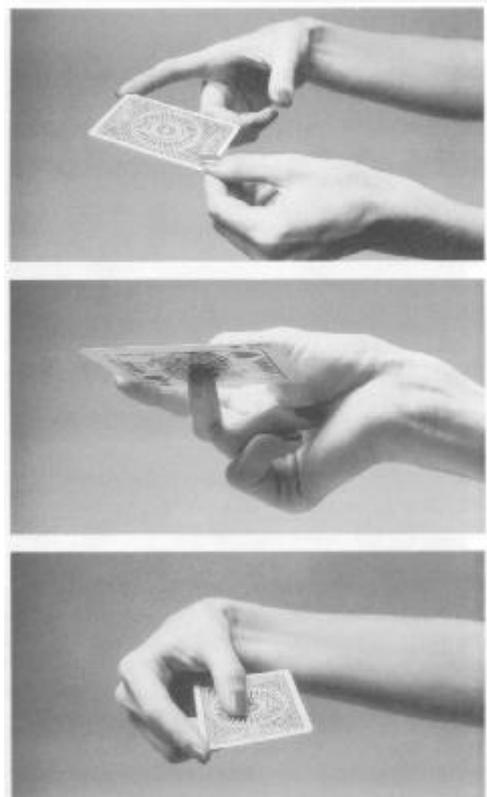
JAY GRIP

The final method which will be discussed is the "Jay Grip". It is the method I use the most often(except for behind the back shots) and I feel I have a lot more control with it.

First put the the fleshy part of the index finger on the Northeast corner of the card. Then, with the thumb and middle finger, squeeze the card a little above and to the right of the center. Make sure the card is twisted back so that the southeast corner touches the palm of the hand.

The Throw:

The basic way to throw a card is much like a frisbee, but it is important to have a very quick flick of the wrist, the arm is not really important. If your card just flutters, it is most likely because the card is not spinning, meaning that you are giving it too much arm and not enough wrist. To fix this problem, hold your throwing arm still and attempt to toss cards using just a flick of the wrist, you will see them spin and fly a few feet. Then slowly work in the swing of the arm, not forgetting the quick flick of the wrist. Also, be sure to start with your hand all the way twisted back, so the top of the card points directly at you. Once this method is mastered, you may wish to move on to the advanced method. This method is more like a baseball pitch. The hand starts over the right sholder and comes down and outward. Be sure not to twist the wrist at all during this motion, and the quick flick of the wrist is very important. Also, stepping in with the opposite leg gives an extra boost.



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