

The Shift — part from book ["The David Icke Guide to the Global Conspiracy"](#)

As human beings, our greatness lies not so much in being able to remake the world —that is the myth of the atomic age — as in being able to remake ourselves.

Mahatma Gandhi

What I have exposed and the 'world' I have described is only one reality, one 'time-line', within Infinite Possibility, and I have used the language of this 'world' and its perceptions and emotions to detail the daily manipulation that enslaves our five-sense reality. The most important chapters in this book, however, are the first two and this one. Crucial to the collective enslavement has been the mass hypnosis that has led humanity to see itself as 'little me' when we are all that has ever, does and will ever exist. Indeed, 'has', 'does' and 'will' are all unfolding in the same *NOW* and we *are* that *NOW*. As a near-death experiencer said:

... everything from the beginning, my birth, my ancestors, my children, my wife, everything comes together simultaneously. I saw everything about me, and about everyone who was around me. I saw everything they were thinking now, what they thought then, what was happening before, what was happening now. There is no time, there is no sequence of events, no such thing as limitation, of distance, of period, of time, of place. I could be anywhere I wanted to be simultaneously.

From that perspective everything is possible — yes, even sorting out the mess we have allowed to be created in this reality. Indeed, the mess is *being* sorted, although it may not seem so. When I first began to consciously 'wake up' amid some extraordinary experiences in 1990 and '91 (see *Tales from the Time Loop*), a major theme in my life was of a coming transformation of human perception. There didn't appear to be any sign of this at the time, but, as I travelled and met people we would call 'psychics', I was told on many occasions that I was destined to play a role in the coming global awakening when humanity would break free from the amnesia that has held us in servitude. I put all this aside to simmer while I got on with my life and I figured that if it was true the evidence would eventually be there to support it. Deep down, though, I just knew it

was true, despite all the indications to the contrary. Today, it is clear that something is a stirring. When I began my journey to uncover and communicate the hidden truths there was mass ridicule and condemnation from mainstream society and only the few already switching on showed any interest. This continued pretty much until the last years of the 1990s when I saw minds and hearts beginning to open at a gathering speed. The transformation, the awakening, whatever name you wish to use, is upon us. It may not seem like that with all the conflict, control and the still closed-minded majority; but it *is* happening all over the world.

Message from beyond

It is right to be careful about psychic or 'channelled' communications because much of it is tosh for many reasons. Some of the 'channels' are getting 'information' from their own psyche, not other dimensions, or higher consciousness, and what they say is constructed to fit their own beliefs. Some may be connecting with awareness beyond this reality, but there are many entities in other realms that use 'channels' to manipulate and mislead. You can often have a psychic or channel who is excellent one day and poor the next. Even the same 'channelling' can go through periods of strong connection and weak, a bit like using a mobile phone. When your phone is 'breaking up' you get garbled information and it is the same with channelling. Every now and then, however, comes something that feels profoundly right and stands the test of what we call 'time'. So it was with a communication given to me through a 'channel', or 'sensitive', in 1990. The main difference between a psychic and a channel is that the psychic is picking up communications through the mind in a way that's like having a conversation with other realms. You'll hear them say 'Can you give me that again?' and 'He's saying this or that ...' A channel is taken over by another-dimensional awareness that speaks directly through his or her body-computer. The channel's role is not to communicate, but to withdraw from the conscious state to allow another awareness free access. The same principle is used malevolently by the other-dimensional Reptilians to dictate the behaviour of their Reptilian hybrids. When the 'take-over' is powerful enough, a channel's facial features and voice can change and that happened with this communication in 1990 about the transformation of human perception. The communicator gave the name 'Magnu', but, as with Chuck Jones or Ethel Bloggs, the name is not important. It is the message that matters. 'Magnu' said through the channel that he had a connection with this reality in the 'Atlantean period' when, as I outlined earlier, fantastic upheavals appear to have taken place. This is the 'channelling' in full:

I feel you are sensing now the energies coming in, the energies surrounding your planet. This is causing many of you to ask questions. It is causing many of you to re-evaluate completely your way of life, where you feel you wish to go, what you want to do. It is causing tremendous upheavals. Some of these upheavals are very confusing, very distressing, very disturbing. Some people in partnerships are finding they can no longer continue in those partnerships because their partners cannot tune into what they are tuning into. It is causing a great deal of disturbance. And I have said to this sensitive on more than one occasion that you must organise yourselves into groups to support each other.

Now then. My own allegiance with your planet goes back to an Atlantean period ... [when] ... there were many energies being used and information and knowledge being used which were for particular reasons of safety withdrawn, shall we say, to prevent complete catastrophe, to prevent total destruction of your planet. One could say these were sort of emergency measures if you like, to prevent the inhabitants of this planet from an untimely destruction.

Now at that time, shall we say, this knowledge was distributed only to the few; it was taught in what one could call a temple setting, though I am very careful about using this word. It has connotations, maybe. So, let me use that word in the broadest possible sense. There were those initiated into this knowledge. There were grades of initiation and those who passed the full initiation, these were known as the Guardians of the Light and Keepers of the Secret Knowledge. This is the context from which I am coming.

There came a time when this knowledge and the energies were withdrawn. It is very difficult for me to explain to you precisely what I mean by that, so I will let you mull these things over. As the energies around your planet quicken, so these latent energies, these energies which have been withdrawn, will now be phased back in. They will gradually be awakened. As the consciousness level of your planet raises itself, those of you Light Workers who are working together to raise your consciousness, you will be able to hold more and more refined vibrations, and so we will be able to use you as a catalyst to be able to feed in more and more energies.

As more of you raise yourselves to meet the challenge, so we can awaken more of these energies. Now, energy is consciousness and the energies themselves contain the knowledge and the information which is beginning to surface again in your consciousness, so that many of you will remember the Atlantean times. You will remember that you communicated with say, dolphins and whales. You understood these other sentient creatures. You could levitate. You could manifest things. You could cause spontaneous combustion by not miraculous means at all. Once you know what you are doing, these things follow. It is a matter of order.

Now I am looking at a time on your planet when these energies, this knowledge is re-awakened and re-integrated into your consciousness. I am not looking to a time when this knowledge will be for a few, but when your whole planet will be awakened to this understanding which you have simply forgotten. It is not a matter of new information; it is a matter of remembering who you are and where you come from.

So you are being asked to change. You are being asked to change in a total way. It is not a matter of small changes, of a little thing here, a little thing there. You are really being asked to turn yourselves inside out. There is a massive shadow which must be cleared and it is up to Light Workers such as yourselves to focus yourselves on that challenge.

Those of you who are in the forefront of this, you are rather like a snow plough. You are the thin end of the wedge. You really have, how shall I put this? To a certain extent, I suppose, you have the shitty end of the job. You have got to do an awful lot, but nevertheless you are capable of doing an awful lot. That is why you have chosen to come, that is what you are here for, to really shovel some shit, and therefore make some space behind you to make it easier for the others. As in your human body, there are energy lines around your planet, through your planet, which correspond, I suppose, very much to the acupuncture lines and meridians in your body. Where two lines cross, you create a vortex, a tiny vortex if it's two. The more lines that intersect, the bigger the vortex. Therefore, when you have a chakra you have a large vortex of intersecting energy. It is the same with your planet. Where the most lines cross there is the biggest vortex.

Now you could say the plexus in and around the islands you call the British Isles is the hub of the wheel of plexuses and energies which surround your planet. It has acted in other times like a fail-safe device. In order to activate these chakric points upon your planet, the energies must all pass through the central point. They must pass through the heart of the pattern.

This is why the British Isles has always been so important to the Reptilian hybrids and it is also the reason there are more standing stones and circles per square mile in Britain than anywhere else in the world. They

are quartz crystal transmitter-receivers placed at the heart of the planet's energy grid, or 'motherboard'. What 'Magnu' said in 1990 is what is happening today with the 'awakening', or the 'Shift', as some people call it.

Knowledge is dangerous in the wrong mind in the sense that cleverness without wisdom is a most destructive combination, and so when the Reptilian challenge came the energies containing that higher knowledge were withdrawn, as 'Magnu' said. It was not only that the vibrational field became denser as the frequencies fell; the power of the frequencies themselves also became weaker. It was like having a strong reception on the radio one minute and then hearing only a faint voice that comes and goes. This is what happened to end the 'Golden Age' and plunge this reality into ignorance — the 'Fall of Man'. It was the knowledge and potential, the *awareness*, contained in those withdrawn energies that allowed the astonishing ancient structures to be built that are unexplainable by conventional history. The colossal energetic change was possibly connected to the fantastic geological catastrophe that we know as the 'Great Flood', and afterwards life became a shadow of what it had been like before. This reality became a vibrational prison with its inhabitants trapped in the illusion of density while the Reptilian hybrids had access to a higher intellectual (not spiritual) knowledge through their connection to their Reptilian masters in another vibrational realm. Those who carried the knowledge, or were able to raise their consciousness to access it beyond this reality, have been targeted ever since by the Reptilian hybrids and the 'Holy' Inquisitions are only one example. They wanted to have a monopoly on the higher knowledge of how to manipulate the illusion and its energetic/mathematical construct while keeping the human population in ignorance of it.

The Reptilians and their leading hybrids have been aware that the energies and the knowledge were going to return and would bring with them the awakening from the collective amnesia that has made humanity so easy to control. With these energies would follow the awareness, the recovering memory, of what is really going on and who and what we really are — Infinite Love, Infinite Genius. The desperate race to impose total control with the microchips, electromagnetic 'soup', HAARP project and TETRA systems, genetically modified food, the chemical assault through vaccines and additives, and the undermining of food supplements and alternative methods of healing, are all part of the attempt to so disrupt and control human body-computers that they will be unable to connect with, and process, the vibrational return of the Golden Age. Quite simply, you can have a radio in a sea of frequencies, but it will only pick up the one it is tuned to. The idea is to ensure that human body-computers only connect with the lower densities and not the higher knowledge that is becoming available once again. The microchip is central to this along with the 'micro-reality' they are attempting to create with the 'soup', HAARP and similar technologies, and the satellite system. The Orwellian levels of surveillance are primarily to identify and target those who are emerging from the amnesia, while political correctness and 'hate laws' are to prevent them communicating what they know. The DNA data bases are in place to allow access to everyone's unique broadcast-receiver code so they can be vibrationally targeted and disrupted if they show signs of tuning to higher awareness. The plan is for every child to be microchipped at birth to hold them in five-sense servitude from womb to cemetery. Children and young people are in the eye of this storm because they will be here at the height of the 'Shift'. The Reptilian hybrids may seem confident and in control, but they're actually terrified that humans will wake up and see the truth — which we *will* if we make that choice.

The 'Armageddon' diversion

There are many reality-traps being laid to divert people from the Shift and herd them into the densities of fear and conflict. For example, the fear of climatic catastrophe, together with the manipulated wars and other disasters that they have in the pipeline, are being used to sell the lie about the 'End Times'. Stewart Swerdlow learned about the End Times scenario while he was in the Montauk mind control operation on Long Island, New York, and there have been many other sources for what is called 'Project Blue Beam'. This is essentially the manipulated 'fulfilment' of biblical and other religious 'prophecy' to con the population into accepting a 'One World Religion'. The multiple religions have served the Reptilians well in that they have provided a wonderful opportunity to divide and rule at will; but, to complete their goal of a centralised global dictatorship with a world government, army, central bank and currency, and the end to individuality, they need to establish a one world religion, too. It is part of the hive mind that they want to impose. Fundamental to this is conflict involving the biblical land of so much 'prophecy' — Israel. This includes, it is claimed, the destruction of the mosque at Temple Mount in Jerusalem through either a 'terrorist bombing' or manipulated 'earthquake'. The bomb is the most likely, given the horrors that would follow in terms of the Islamic response and I have heard this predicted by my own sources several times over the years. Whatever the means, the aim is to artificially complete the Old Testament prophecy about the rebuilding of the Temple in Jerusalem. This 'completing the prophecy' deal has been used through the ages and includes the portrayal of the New Testament as a fulfilment of the Old.

One of the most vocal researchers of Project Blue Beam was the French-Canadian journalist and Christian, Serge Monast. He came to the fore with his information in the early 1990s, but in 1995 apparently died of a 'heart attack', aged 46. Monast claimed, and Swerdlow agrees, that Project Blue Beam is a massive global plan to mislead the people into following the Illuminati 'religion' — in fact the religion of Babylon currently being played out most notably through the Roman Catholic Church. Instead of the series of deities in circulation in the various religions up to this point, they want to fuse them all into one. It is claimed that Blue Beam Project, orchestrated through NASA, will go through several sequences to create the One World Religion and put what they term 'the Antichrist' at its head. These include:

- Fake archaeological 'discoveries' to discredit the beliefs of the major religions and show they are in error.
- A massive 3D global holographic show in the sky with sound and lasers that projects specific images to different parts of the world to fit with the major religious beliefs of each region. Their version of 'God', or the 'messiah', would speak to them and tell them 'the truth'. Monast, Swerdlow and others say this will include projections of Jesus, Mohammed, Buddha, Krishna and other leading religious heroes. They will eventually be seen to merge into one — the fusion or 'Antichrist' deity that will be the focus of the One World Religion.
- All this, it is said, will happen amid great upheaval in the world caused by war and 'natural' disaster and include a staged holographic extraterrestrial 'invasion', from which the 'Antichrist' will be seen to 'save us'.

According to some, the system has already been tested with holographic projections of 'Christ' seen in remote areas and how many 'UFO' sightings could actually be holographic projections? Holographic technology can project anything as a 3D optical illusion — spacecraft, wars in the sky, angels, 'Mother Mary' or 'Jesus' — and there is no doubt that such potential exists. The same goes for technology that can tap into brain function to make it sound like 'God' or 'Jesus' or 'Krishna' is talking to you. This will be even easier if people are microchipped. Such technology is extremely advanced and even more sophisticated methods are still hidden in the underground bases and development projects. It is important not to judge possibility by what we know and see; the secret stuff is decades ahead of that. I am not saying the predictions about Project Blue Beam are true, because I don't know, but they are most certainly technologically possible. The theme, if not the detail, I'm sure is correct. They want to manipulate religious beliefs to fuse into one after enormous upheaval and conflict between them. If what is claimed about Project Blue Beam is correct we will now be aware of what is happening when it happens, and the more who know the less effective will be its impact. (By the way, we can also expect more *genuine* UFO activity that will nail the ludicrous idea that we are 'alone' in this reality. Such activity is already happening amid a massive cover up by the authorities.)

The plan to manipulate biblical and other religious prophecy is already unfolding with the Christian Zionist movement increasing its influence all the time. Christian Zionists have an unshakable belief in the 'End Times'. Most of these evangelical Christians are just being duped by their leaders into supporting Israel because it plays such a central part in the Bible and the life of 'Jesus', but those running this stage-show are well aware of what it is really designed to do — con Christians into believing that the time of the 'Second Coming' has arrived. This fits with the alleged Project Blue Beam. They want Christians to believe that the End Times predicted in the *Book of Revelation* have at last arrived, and that we are in the midst of what it calls 'Armageddon', the place of the 'final battle' between 'good and evil'. No one knows for sure where this 'Armageddon' is supposed to be, but the line being sold is that it comes from the Hebrew words *Har Megido* or *Megiddo*, which mean 'Mountain of Megiddo'. The *Book of Revelation* says:

And the sixth angel sounded, and I heard a voice from the four horns of the golden altar which is before God, one saying to the sixth angel who had the trumpet, 'Release the four angels who are bound at the great river Euphrates [now Iraq]'. And the four angels, who had been prepared for the hour and day and month and year, were released, so that they might kill a third of mankind. And the number of the armies of the horsemen was two hundred million; I heard the number of them. (9:13-21)

And the sixth angel poured out his bowl on the great river, the Euphrates; and its water was dried up, that the way might be prepared for the kings of the east. And I saw coming out of the mouth of the dragon and out of the mouth of the beast and out of the mouth of the false prophet, three unclean spirits like frogs; for they were spirits of demons, performing signs, which go out to the kings of the whole world, to gather them together for war on the great day of God, the Almighty ... And they gathered them together to the place which in Hebrew is called Har-magedon. (16:12-16)

Har Megiddo is located in northern Israel, south of Nazareth and Haifa in the area targeted by Hezbollah rocket attacks from Lebanon in 2006. When you read and see the material being put out in the United

States by the Christian-Zionist alliance, it is clear that the idea of the End Times battle between 'good' and 'evil', or 'Armageddon', is being pedalled ever more obviously. This is not, however, the fulfilment of ancient biblical prophecy, it is the completion of a plan to *mirror* biblical prophecy and scam the Christian and Jewish world into believing that the 'Lord' or 'God' is doing what 'He' promised He would do. This is a theme of Blue Beam for sure and it is designed to divert and hide what is really going on. Yes, there are massive upheavals, conflict and control happening and they are gathering pace by the day; but while it may appear to many like the End Times of *Revelation*, we are actually experiencing the *Change Times* that will sweep away this nonsense. Under the radar of the Illuminati game-plan amazing things are happening from deep within 'human' consciousness. It is the time of the Great Shift, the Great Awakening, and an incredible transformation of perception awaits those who are ready to grasp it.

2012

Another theme to be aware of is the gathering obsession with the year 2012. This is destined to become near-hysteria as that date approaches. Those who have studied the 'calendar' left by the ancient Maya people in central America say that it charts cycles of energy and the 'evolution' of consciousness. The Maya appear to have originated in the Yucatan, Mexico, about 2600 BC and they reached their peak around AD 250 in what has now become southern Mexico, Guatemala, northern Belize and western Honduras. They studied astronomy, developed hieroglyphic writing and had the same beliefs and knowledge in many ways as the Sumerians. The Maya, too, closely interacted with the Reptilian 'gods'. They are best known today for their magnificent temple-pyramids and their measurement of 'time' and energy cycles in the 'Mayan Calendar'. Many believe that the culmination of major energy cycles identified by the Maya will happen on

December 21st 2012. Others, like Dr Carl Johan Calleman, the author of books such as *The Mayan Calendar and the Transformation of Consciousness*, say this date is actually October 28th 2011. Still other estimates I have seen say the date is February 10th 2011. Whatever it may be, it's soon, and interestingly I have seen reports that the current sunspot cycle is due to peak in late 2011 or mid-2012 with warnings that this could affect communications networks and satellites.

The year of 2012 is considered significant by many ancient cultures, including the shamans of South Africa like Credo Mutwa, and it has come up many times with regard

to the timescale of the Reptilian hybrid agenda. The Maya appear to have believed that the Earth has been going through nine cycles, made up of 'days' and 'nights' (good times and challenging times) and that each cycle contains twenty times more 'creation' than the last. Some believe that these nine cycles are represented by the nine levels of Mayan pyramids (Figure 255). Dr Calleman says that 'time' does not pass quicker with each cycle; it only *appears* to because more and more 'creation' — *activity* — is taking place. When you look back over the last few centuries alone you can certainly see this pattern very clearly with the pace of change and activity accelerating at an ever faster speed. What would have been considered 'miracles' and impossibilities not so long ago are now commonplace and we have seen nothing yet. Ian Xel Lungold, who has worked with Calleman on decoding the Mayan information, has come to similar conclusions. He says:

A very brief example; the beginning of the 5th [cycle] of Creation's pattern was 102,000 years ago. This is when our ancestors learned to speak. Advancements in technology took approximately 7,900 years each. The 6th began in 3115 BC and this is when we learned to write. Changes in technology took place about every 396 years. The 7th started AD 1755. Here was the invention of the mail service, the printing press, newspapers and the beginning of the Industrial Revolution. Major tech advances were achieved every 19.7 years. The beginning of the 8th [cycle] was Jan 5th 1999. Now we have the Internet and instant communications world wide. The same amounts of technical advancements now occur every 360 days.

These are the Mayan cycles, according to researchers:

Cellular cycle: beginning 16.4 billion years ago; developed the consciousness of Action/Reaction.

Mammalian cycle: beginning 820 million years ago; developed the consciousness of Stimulus/Response.

Familial cycle: beginning 41 million years ago; developed the consciousness of Stimulus/Individual Response.

Tribal cycle: beginning two million years ago; developed the consciousness of Similarities/Differences.

Cultural cycle: beginning 102,000 years ago; developed the consciousness of Reason. **National cycle:** beginning in the year 3115 BC; developed the consciousness of Law. **Planetary cycle:** beginning in the year AD 1755; developed the consciousness of Power. **Galactic cycle:** beginning January 5th, 1999; developing the consciousness of Ethics.

Universal cycle: beginning February 10th, 2011 [or in that period of 2011/2012]; will develop the unlimited ability of 'Conscious Co-Creation'.

For me, what we are looking at here is the Matrix computer program, the Time Loop as I call it, which goes through its programmed cycle and returns to the start, symbolically like a DVD. I do not think, as many Maya researchers seem to, that these cycles chart the evolution of consciousness in terms of Infinite Consciousness or Infinite Awareness. This does not need to 'evolve' by experiencing the virtual reality game. I would suggest it is far more related to the potential of consciousness to manifest itself in this realm and so influence the program. Nor, is it all pre-ordained or dependent on some moment in 2011 or 2012. I don't buy that at all. It is a process of transformation that is getting ever-more powerful and by 2012 the Shift will be far ahead of where it is today; but I say

2012 is a 'window' of change, not a year, day or hour when everything suddenly flips. These 'Mayan' cycles may provide a backdrop, a 'road map' as some may call it, but the way we choose to go is up to us. We can be dominated by the program and be pawns of it, or we can use consciousness to change it. We are now in an amazing period when the program and Infinite Awareness are coming into sync and what a ride it is going to be for those who choose to go with it. I was saying many years ago in my books that there were two main ways to react to the energy flows that are now cascading through this reality. Taking the analogy of a rushing river, we can enjoy the ride by relaxing and lying back on the airbed, at one with the flow. Or, we can stand up in the water, refuse to budge, and use more and more of our energy just to stand up and stand still. Even then, at some point the waves will be so large and powerful we will be smacked from our feet and into the energetic white-water ride.

Cracking the concrete

Anyone who is awakening from the program will know what happens when concrete reality starts to crack. Your life changes, often 'falls apart', and you wonder why you are going through such challenges when you just want to 'be spiritual'. All this happens for a very good reason. We are projecting a vibrational field that reflects our current mental, emotional and spiritual state and this belief system dictates which energy fields within All Possibility that our computer decides to 'read' or ignore. The process is the same as when the man called 'Tom' didn't read his daughter's energy field (and so could not see her) after the hypnotist implanted the belief that she wasn't in the room. Low density belief systems that dominate human perception — fear, depression, division, race, religion, politics, 'us and them' — lead people to read only a tiny fraction of All Possibility. Fear is the most limiting of all beliefs and states of being because it causes people to 'freeze' vibrationally and withdraw into a dense vibrational shell. From there we 'read' only those fields within All Possibility that vibrate within the density that represents fear. In this way, we attract to us what we fear and fulfil our states of depression by reading those fields that manifest as experiences that further depress us. If you believe the glass is half empty, it will be. This is another reason why the Reptilians and their hybrids work to keep people in a state of fear.

We create our own reality on the basis of what we believe, consciously and subconsciously. We may appear to believe something on a conscious level, but often this is a front to hide what is going on subconsciously. We can see this with apparently confident people who are actually consumed by severe self-doubt just below the conscious threshold. This reading or decoding of possibility fields can also be expressed as what I call 'vibrational magnetism' in which energy attracts that of similar vibration. We call these energies people, places, jobs, relationships, experiences and so on. As we awaken to another level of Awareness, so the energy matrix creating what we call our 'lives' begins to break down and change. This must, and clearly does, reflect itself in the 'outer' (decoded) world of people, places, jobs, relationships and experiences. As the inner transforms, so the 'outer' must follow because one is a reflection of the other. We experience this as the life we knew 'breaking down', but what we are actually doing is breaking *through* to a new reality and therefore a new life experience. If you always do what you've always done, you'll always get what you've always got. We have to change what we do, or change what we *are*, to change what we get. It can seem unpleasant and scary at the time, but it's just the old matrix coming apart so the new one can form. Something very similar is happening in the collective world now as we watch, often in horror, the breaking down of the old construct. What awaits us on the other side, however, is a world that reflects the awakened understanding that *Infinite Love is the only truth —everything else is illusion*. We are witnessing

the collapse of the old matrix to make way for the birth, or re-birth, of another collective reality. The 'Magnu' channelling said:

So you are being asked to change. You are being asked to change in a total way. It is not a matter of small changes, of a little thing here, a little thing there. You are really being asked to turn yourselves inside out.

It is a time of choice for everyone. One choice is to hold on to illusory beliefs in an effort to find security in the familiar. If we do that, we will be standing in the rushing river trying to stay upright while the water flows faster and faster and we get more weary, anxious and fearful. Another choice is to open our hearts and minds, get on that airbed, relax and flow where the energy takes us; or, rather, where we take *ourselves* by manifesting another reality. The difference between these two states is the choice between following computer-mind or Infinite Awareness. Put another way, the difference between thinking and *knowing*. The thinking mind is the governor of perception and behaviour for most people. As René Descartes put it: 'I think, therefore I am'. Well, yes you are, at the *computer* level of reality, if you choose to think rather than *know*. Knowing, also called 'intuition', is our connection to Infinite Awareness, while thought is an electrochemical phenomenon like its fellow prison warder, emotion. The mental state is affected by emotion and vice-versa because they change the electrochemical balance of each other. When we get emotional we stop thinking straight and when we get into certain patterns of thought we are affected emotionally. Think of your worst fear or your most pleasurable experience and you will feel your emotions change. They are electrochemically and vibrationally connected through the body-computer system and, in the same way, they can both be fundamentally changed by electrochemical and vibrational influences like mercury, electricity power lines, TETRA masts, food additives and so on. *Knowing* or intuition is a very different source of Awareness and decision-making which bypasses thought and emotion, or at least can override it if we make the choice to follow intuition rather than computer-generated thought.

Don't think it - *know* it

How often in your life have you found that what you feel to do and what you *think* to do are at odds with each other? You want to do something and your heart (chakra) sings at the prospect; but then your head kicks in to think you into submission. The body-computer is brilliant at thwarting intuition and usually opens its offensive with: 'You can't do that because ...' It wins nearly all of the time once it has pinned you into its reality zone. Why wouldn't it? The program has been nagging you since you were born and repetition is the most effective form of perception control. You understand body-computer reality and 'logic' because you have lived it for so long. When it says that if you follow your intuition then A, B, and C will be the consequences, the subsequent anxiety, guilt and fear is normally enough to suppress your intuitive urges. 'I would love to do it, but ...' is the classic payoff line before you return to the 'real' world of material 'responsibility'. Oh yes, we must always be 'responsible', which usually means toeing the line. Your body-computer is supported in its quest to silence your intuition by other computers uniting to protect their pre-eminence. We call these other laptops our friends, parents and people at work, and their robotic programs spew out software data like: 'You can't do that, what about your job?'; 'You can't do that, what about your family?'; 'You can't do that, what will the neighbours think?'; and 'You can't do that for all the reasons I can't think of now, but give me a few days and I will'. You hear this from mother computers, dad computers, brother and sister computers, far-right computers, far-left computers, green computers, teacher computers, doctor computers, media computers, Christian computers, Jewish computers, Muslim computers, Hindu computers and New Age computers. Life can be like living in a branch of PC World.

The computer level of reality doesn't want your perceptions to change when it has almost total control the way things are. The body-computer wants you to serve the system because it *is* the system. It has been programmed to serve the construct. If you *think* about what your intuition is telling you, the conclusion will invariably be that the computer knows best. A famous British football club manager called Brian Clough was once asked what happened if a player disagreed with him. 'Well', he said, 'we get together, talk about it and agree that I was right'. The analogy is very appropriate. That is usually the outcome when mind is at odds with intuition.

Infinite Awareness speaks to us through intuition and *knowing* because it is *All-Knowing*. It doesn't have to think and work things out because it already *knows*. To think is to accept that you are not All-Knowing and this alone locks you into computer reality. I don't mean that you know every detail of everything; although that is certainly possible in the highest levels of Awareness. In this density we can work with other levels of knowing. To know you have to take a certain action does not require you to understand every last detail of why. Intuitive knowing is that feeling that we just *know* something, but we don't know why or where it has come from. You might know that you need to take a certain course of action or go somewhere and I would say it's important to trust what you feel without letting computer-thought talk you out of it. It is not for me to

tell anyone what to do. How people live their lives is none of my business so long as they don't impose their will on others. I am just sharing my own experience of intuition for you to decide, or better still *know*, what to take and leave. I could not possibly have compiled all the information I have and written all the books had I just sat down and tried to think it all out. The information has come from following intuition that has led me with incredible synchronicity to people, books, accounts and experiences which have shown me what is going on. When people start to go with their intuition they suddenly find their lives are full of 'coincidences'. The flow of Infinite Awareness is guiding them to whatever is necessary to fulfil their 'destiny' or 'dream'. This doesn't happen on anything like the same scale at the computer level of reality where the perception of possibility is so limited. Its program wants to close down intuition, not go with it. Another reason for limited synchronicity is that dense energy does not have the same power of attraction as free-flowing Awareness and you could use the symbolism of a little magnet that attracts a few iron filings and a colossal electromagnet that could pull a bus cross the street. In energetic terms, opening up to Infinite Awareness massively increases your power to attract what you want and the potential to 'read' a far greater spectrum of possibility and bring it into 'physical' experience.

Daydream believers

The body-computer is actually designed to open the intuitive channels to higher consciousness, but systematic manipulation of our thoughts and perceptions often prevent us taking advantage of this. There is a body cycle called the ultradian rest response, or what you might call 'Intuition Time'. More accurately, it is Intuition No-Time, because time is an illusion of five-sense reality and does not exist in the realms that intuition taps into. The ultradian rest response is described like this by Dr Laurie Nadel in his book, *Sixth Sense: Unlocking Your Ultimate Mind Power*:

Do you find yourself losing concentration during certain times of the day? Perhaps it comes as a sudden touch of fatigue, or a subtle mental fuzziness. All of a sudden, you feel droopy. Your eyes may tear. You can't stop yawning, or you sigh.

Maybe you find yourself staring out the window, your mind faraway from the tasks at hand. If somebody speaks to you, you find yourself startled by the sound of his voice. Or you don't understand what was said the first time and ask the speaker to repeat himself.

These are all signs that the body is entering an ultradian rest response, says Dr Nadel, and the pattern is repeated about every 90 minutes. He says that these are times when the body's physiology is most attuned to intuition as four main regulatory systems align to link the body to our higher Awareness. During these periods, the right hemisphere of the neocortex becomes dominant. This is the creative, intuitive, 'out there' region of the brain that is so suppressed by the education system which concentrates on the absorption of 'facts' at the expense of inspirational creativity. Dr Nadel explains that the drowsiness and loss of attention during ultradian rest response reflect the changes taking place. He says these are the times when you are more likely to say 'Aha!' and gain sudden insights. Ernest Rossi, author of *The Psychobiology of Mind/Body Healing*, agrees. He says that during the ultradian rest response the body goes into an intuitive mode, and we are more receptive to the unconscious realms:

This is the time when it's easiest to access our own intuition, your own internal imagery. Thoughts are most likely to be closer to the unconscious. This is a time when the unconscious wants all the energy it can get. If you train yourself to just watch and observe and not intrude, you're going to fall into what is called reverie or hypnagogic state, what I call its more naturally intuitive state.

Ignoring these ultradian rest response signals, or trying to suppress them, can cause people to become irritable, uncomfortable and depressed, says Dr. Nadel. But, if we go with them, they can be moments of great inspiration. He offers this advice:

This is the best time to take a break rather than forcing yourself to push through the fatigue. You can think of it as your intuition break, time to take a deep breath, close your eyes, and allow impressions from your intuitive right hemisphere to flow through your mind. If you are working on a project and would like help from your intuition, this is the time to ask for it. It is also a good time to meditate ...

... As you become more aware of the physiology of intuition, you will find that your body's natural rhythms can help you ease into an intuitive state. You can meditate productively at any time during the day, but by recognizing the onset of your ultradian rest response, you can enhance your results by spending time in silence while your body does its neurophysiological work.

I don't meditate in the sense of formally sitting down to do it, but I am daydreaming all the time in the way described by Dr Nadel. These are moments when my mind goes quiet and stops gossiping away. It is even more effective if you can find a place of silence. Noise holds us in five-sense reality by attracting the

attention of the hearing senses and the mind, while silence allows you to go anywhere because within the silence is *everywhere*. Mahatma Gandhi quite rightly said: 'It has often occurred to me that a seeker after truth has to be silent'. All That Is can be 'heard' in the silence and this is a reason why truly silent space is so rare these days, especially in the urban areas where most people live.

Daydreaming in silence, or daydreaming in any situation, allows insight to come through. What a statement it is about the stupidity and ignorance of 'modern' society that when schoolchildren go into an ultradian rest response they are told to 'stop daydreaming and get on with your work'. When I was at school, I always tried to sit next to a window so I could look outside and daydream while they were talking about logarithms or algebra. The only thing I learned about algebra was that $x = \text{find me a window}$. The 'Intuition Time' is when the body can most effectively self-heal. Ernest Rossi points out that 'most forms of healing, including shamanism and the holistic forms of healing, are rituals for helping you to get into this ultradian response because it's so easy to entrain [synchronize]'. By observing the times when the ultradian response kicks in, we can make the most effective use of our intuitive channels of 'knowing'. The doing, doing, doing, society does not allow for such things and makes people feel guilty for taking a break. The amount that we work - or 'do' - is seen as a positive statement about our character. But, if we are always *doing* rather than *being*, we are servants of the lower mind, the intellect, rather than expressions of Infinite Awareness. By allowing ourselves to 'be', we will actually be inspired to 'do' things far more effectively because of the insights it will bring. How often have the greatest breakthroughs come not through the intellect, primarily, but through intuitive hunch? The hunch is then followed up by the intellect and found to be valid. Our hunches, our intuition, inspiration, or what I call 'knowing', come from Infinite Awareness - not intellect.

I have heard people say so many times that they were having a shower or sitting in the bath when this inspired 'thought' came to them out of nowhere. Others say that they get their most profound understandings when they are driving a car. In all these situations we go into the daydream state and that's why the channels open to intuition. You'll notice that intuitive knowing just appears apparently out of 'nowhere'. There is no intellectual thought sequence being followed that leads to an outcome. Bang! It's just there. 'Wow, I get it, now.' This happens for two reasons. Firstly, Infinite Awareness is All-Knowing, so it just *knows*; it doesn't have to work things out like the intellect. Secondly, time is an illusion of the five-sense-Matrix program, so awareness beyond the Matrix communicates instantly in the only moment that really exists - the *NOW*. When we tap into our intuition, we 'know' in the instant we know. A sequence of thoughts is an expression of the illusory 'time' construct while intuition, and wisdom, arrives in the moment - the *NOW* - just when we need it, because it comes from the realms of no-time.

Standing your ground

If people asked me the single most important step in the transformation to Infinite Awareness, I would say follow your intuition or knowing. When the computer mind launches its offensive, as it will, stick with your intuition and see where it goes. What you do and experience will often be seriously at odds with mainstream thought and society. Your intuition is not following computer reality and all its dos and don'ts, musts and mustn'ts, right and wrongs, morals and immorals. If your intuition was not leading you on another path and into another sense of reality it would not be Infinite Awareness, it would be another expression of the program. People in computer reality will think you are crazy, weird or dangerous, but who gives a shit? I don't. I am me, I am free and if others don't like that, well too bad. This reaction to people who break the mould comes from computers responding to a potential challenge and, at a deeper level, those who ad-lib their lives with freedom say something about those who don't. Subconsciously, the sight of someone expressing freedom reminds the computer slaves of their own conformity. 'So shut the fuck up and conform because you're upsetting me - if I have to be a robot, so should you.' I appreciate the offer, but no thanks.

The transition can be extremely challenging as you are pressured to stay in the box. Those around you, especially parents, can be ruthless in their use of emotional blackmail to stop you expressing your infinite self. People tend to operate on the 'how does this affect me?' principle and so often what they do and say for 'your own good' or because 'I am only thinking of you', is really manipulating events to suit what *they* want. It is another version of psychological fascism. To be free of the program, we need not to succumb to this and let our intuition be our guide. Awakening people may lose their job and see their friends, relationships and acquaintances change. But then how can we free ourselves from the program without changing the lifestyle that the program has created? It is a matter of vibrational connection and when you transform your vibrational state so your 'magnetism' ceases to attract the old circle and starts to attract the new. People who change with you can stay with you for the same reason. The trick is to trust in your intuition and you will eventually begin to see where it is all leading for you. If you get caught in the fear of the transition because of how your life is changing you will start creating a reality to match what you fear. Remember, there is no scarcity only infinite abundance. We create scarcity by believing in it and it will only

disappear when we stop doing so. Everything in this 'physical' world is energy made manifest and energy is infinite. How can there be scarcity? Only if we decode reality to create the *illusion* of it.

Your computer mind is like the guy paddling the canoe who can only see as far as the next turn in the river. If the wind and waves blow him to the shore he will paddle like crazy to resist and keep going. When he's forced onto the bank he is fuming and frustrated at the 'turn' his life has taken. 'Why me?' 'Why am I so unlucky?' He will blame the wind, the maker of the boat, the cut of the paddles and the fact that 'God' has forsaken him. When anything goes wrong there has to be someone to blame because bizarrely that makes us feel better. But then our stranded boatman meets a local while cursing on the riverside and he's told how lucky he is. Just round the next bend is a massive waterfall and had he gone any further he would have been in great danger. 'Ah', we say in those moments, 'I can now see that I was being protected'. Yes, protected by those forces that had 'forsaken' you. I can't stress enough, and I am speaking to myself as much as anyone, that we must trust the process of transformation because while computer reality can only see to the next bend in the river, Infinite Awareness can see it all from source to sea. What appears to be a 'problem' can be a wonderful opportunity waiting to be discovered. Life so often brilliantly disguises our greatest gifts as our worst nightmare. Another channelled message given to me in 1990 said:

True love does not always give the receiver what it would like to receive, but it will always give that which is best for it. So welcome everything you receive whether you like it or not. Ponder on anything you do not like and see if you can see why it was necessary. Acceptance will then be very much easier.

What we call the transformation is actually a process of deprogramming. It is not so much learning as unlearning. We have always been Infinite Awareness, but the manipulation and programming have disconnected us from that understanding. If you are buried in a hole — vibrationally in our case — the way out is to remove the dirt that lies between you and daylight. Once you do that you are free and it is the same with our current situation. We have encased ourselves in beliefs and these manifest energetically as dense electromagnetic fields, the eggshells as I call them, which stop us from seeing the daylight — connecting with the Infinite Awareness that we are, always have been and ever will be. The experiences that we attract once we decide that we want to break out of the box are tailored to break down the belief-densities so we can see the light. As this happens, more and more of our higher Awareness can flow through to the computer reality and the body-computer itself begins to change as its programmed perceptions are rewritten. The body has been programmed to largely be the enemy of freedom and Infinite Awareness, but it doesn't have to be. The two can be in harmony. If you stick with your intuition through all the challenges this might bring, your computer reality will be symbolically standing there with its arms folded saying 'I told you so' whenever a new challenge arises. After a while as your life changes for the better *because* of the experiences you have had, nice and not-so-nice, the computer begins to download this information and change its own program. It sees that if you follow intuition it may present some challenges in this bewildered reality, but in the end it all works out — not *despite* what you have experienced, but *because* of it. The more you connect with higher levels of Awareness, the more that energy will reprogram the computer with a higher level of perception. Body, mind and spirit become the 'One' they should be and the war between our intuition and computer mind is ended.

Energy flows where attention goes ...

Understanding the power of *attention* is vital to regaining control of experience. When we give our attention to something our energy flows there. If we are focused on what frightens us that attention will connect us energetically with whatever it is we fear and the same with everything else, pleasant and unpleasant. The story goes that a Cherokee Native American was teaching his grandchildren about life and he said:

A fight is going on inside me ... It is a terrible fight, and it is between two wolves. One wolf represents fear, anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, pride and superiority. The other wolf stands for joy, peace, love, hope, sharing, serenity, humility, kindness, benevolence, friendship, empathy, generosity, truth, compassion and faith. This same fight is going on inside of you and every other person too.

The grandchildren thought about it for a minute and one child asked: 'Which wolf will win?' The old Cherokee replied: 'The one I feed'. Or, the one I give my *attention* to. When we react to a situation or make a choice it is worth asking ourselves what level of Awareness our reaction or decision has come from. If what we do or decide represents fear, anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, pride and superiority it will be the computer program. If it is a manifestation of joy, peace, love, sharing, serenity, humility, kindness, benevolence, friendship, empathy, generosity and truth it will be Infinite Awareness. By rejecting those actions and reactions generated from the computer program and accepting only those from Infinite Awareness, we rewrite the program and bring 'heart' and

'head' into harmony. As this happens, the body-computer stops reacting to original type and becomes a willing vehicle for Infinite Awareness. We need to be kind to ourselves when we react to program and not get caught in self-loathing or frustration. Just laugh, recognise it as a 'Matrix Moment', and change the reaction or decision. This conscious recognition alone will rewrite the program by pressing the delete button.

Another way to approach this is to always do what you *know* to be right, rather than what you *think* is right for you at the time. Infinite Awareness always does what it knows to be right, but the computer is programmed to think only of itself and its survival. There are legions of people around the world who have worked on the inside of the conspiracy or have experienced parts of it and they could do so much to end the tyranny if they spoke out and told what they know. That would be to do what is right by everyone. Most don't do this because they fear the consequences for themselves and their loved ones. I understand that, but so often what we think is right for us is nothing of the kind, either in 'spiritual' or 'physical' terms. Our loved ones are going to have to live in a fascist global dictatorship unless we unravel its vibrational construct through information and awareness. When we withdraw from this illusory reality at the moment we call 'death', what are we going to perceive was truly right for us? To have served the fears, desires and illusions of the computer program, or to have acted in a way that served the interests of all? It is no good people trying to kid themselves that they are doing what they know to be right when they are following self-interest. We know when we're doing that, just as a parent knows that behind all the attempts at self-delusion they are manipulating their children to suit their own self-interest while claiming to be doing it for the children's 'own good'. Doing what you *know* to be right instead of what we *think* is right for us in the moment would transform life on Earth on a scale that most would find unimaginable today. Simple truths are devastating in their effect if they are followed with a passion — like the biblical 'Do unto others as you would have them do unto you'. Or, as Gandhi said: 'You must be the change you wish to see in the world'.

Stand up and *don't* fight

It may appear that what I am saying here is a rather 'weak' way to overcome the 'might' of the Reptilian hybrid conspiracy, but it isn't. It is the only way it can be done effectively. Everything comes from changing ourselves and overriding the program that controls us and dictates our behaviour. I could say that we must organise protest marches and have meetings with a minute-taker and propositions for discussion; or that we must organise armed resistance, as some are suggesting. If we are going to challenge the conspiracy while in the same *program* as the conspiracy what the hell good will that do? We will just create Matrix Moments on a global scale. 'We must meet might with might and fire with fire.' Really? What do you get in those situations? Twice the might and twice the fire. 'We must stand up and fight.' Oh, good thinking; now we have two sides fighting and I think they call that a war. 'We must have a war to stop wars.' Hey, why don't you fight for peace as well and then we can do two equally useless things at the same time? To fight for peace, to have a war to stop wars, is brainless *doublethink* and, much as the computer's testosterone levels may ache for a battle, it is a battle that those in authority have all the weapons to win. Another thing: since when did a battle

to overcome a dictatorship ever produce anything more than another dictatorship under another name? Fascism, communism and democracy are all dictatorships in different forms because they're all manifestations of the same force. 'Outer' peace can only come through 'inner peace'. Black Elk, spiritual leader of the Oglala Sioux, said:

The first peace, which is the most important, is that which comes within the souls of people when they realize their relationship, their oneness, with the universe and all its powers, and when they realize that at the center of the universe dwells Wakan-Taka [the Great Spirit], and that this center is really everywhere, it is within each of us.

This is the real peace, and the others are but reflections of this. The second peace is that which is made between two individuals, and the third is that which is made between two nations. But above all you should understand that there can never be peace between nations until there is known that true peace, which, as I have often said, is within the souls of men.

There needs to be a consciousness shift or nothing is going to change. How can it when the level of consciousness — Awareness — that has co-created this vibrational prison cell will just go on adding the bars. Albert Einstein said that 'problems cannot be solved at the same level of awareness that created them'. He was spot on and yet many are trying to do just that. I see researchers exposing some levels of the conspiracy, and good luck to them, but they are still imprisoned by religious beliefs that are *part of* the conspiracy. I was on an American radio show when a Christian who was against the conspiracy called me 'Satan' on the grounds that I didn't believe in his 'Jesus'. Never mind that I have given much of my life to exposing what is going on, I didn't follow his religion so I was to be condemned and rejected. Such people

are 'fighting' the conspiracy while being stitched up by it. They are never going to bring about freedom, not least because they don't actually *want* it. It is not freedom for *all* that they seek, but freedom for *themselves* and their beliefs. If they were in power they would impose their beliefs on the population just as fiercely as the Illuminati today. We saw this when those who fled 'religious persecution' in Europe imposed their strict Puritan religion in America when they had the opportunity to do so. Of course they did; they were following the same program as those in other versions of the Christian religion who made them take flight to America. Once again, different name, same program. As I mentioned earlier, a television producer told me that a member of the 9 / 11 truth movement had said he would not appear in a documentary if I did and this movement never asks me to its events even though I was talking and writing about the 9 / 11 conspiracy long before the possibility had even occurred to most of them. They don't want to be associated with me because I am going beyond their limits of perception. They can handle the fact that evil human beings could carry out the September 11th attacks to justify control and an invasion for oil, but once you get into the illusory nature of reality and other-dimensional entities their minds close as fast as those of other people close in relation to them and their beliefs about 9 / 11. How often people act in the same way to others that they condemn when it is applied to them. It matters not that these 'conspiracy' organisations reject me. I have always worked alone, always will, and have no interest in organisations. I make the point as an excellent example of trying to change something with the same level of awareness that created it. Never has this worked for one simple reason: it *can't*.

Only by accessing higher levels of Awareness can we transform that which denser levels have created. This means opening our minds and our hearts so higher Awareness can connect. When we talk of closed minds, we are describing the situation perfectly. The human energy field becomes a low-vibrational bubble that repels all borders. As I said earlier, David Shainberg, an American psychiatrist from the William Alanson White Institute of Psychiatry in New York, suggests that thoughts are vortices of energy that can become fixed and rigid. These vortices are another level of the process that connects with the neuron networks and creates the rigid, repeating sequence in how they fire and thus 'read' reality. Shainberg says that these fixed, dense vortices reveal themselves as fixed opinions, a rigid sense of reality and unchanging views. It also goes the other way with fixed opinions and beliefs *creating* the dense vortices and fixed neuron networks. It is these networks and low-vibrational energy fields (different expressions of the same beliefs) that close the chakra channels, hold us in five-sense reality and block the conscious connection to Infinite Awareness. Like I say, even most of the conspiracy research movement will only go so far before their rigid beliefs block the way and stop their neurons from firing them into a higher orbit where a much bigger picture can be seen. Such people also want to maintain their 'credibility' with the public and they allow the perception limits of most of the population to become theirs. Be 'credible', be a mind-slave, you know it makes sense.

The first step to breaking these concrete energy fields that hold us in ignorance and servitude is to stop judging everything by reflex action. Open your mind to All Possibility. This doesn't mean to accept everything you hear, of course not. It means to stop rejecting something simply because it is at odds with your current perception of reality and possibility. Remember that All Possibility means *anything is possible*. That may sound obvious, but it is usually forgotten. This doesn't mean that because something is possible it must be happening; it only means that it is possible, so let it in and allow it to assimilate without instant dismissal. Already the energy will be flowing far more smoothly and powerfully as your mind opens and the energetic eggshell starts to crack (Figure 256, overleaf). Now open your heart and *feel* the information you are considering. What does your intuition, your *knowing* tell you about it? Never mind what your thoughts are saying; what is your intuition telling you about its validity? Is it a 'yes', 'no', 'maybe' or 'some truth in it, but more to understand'? By opening your heart, I mean opening your heart vortex in the centre of the chest which, I find, is the most powerful connection to intuitive knowing. Visualise it opening ever wider and it *will* open because energy responds to consciousness. How could it not when energy *is* consciousness? These simple principles of opening your mind to All Possibility, filtering information and experience through your intuitive knowing and being the change you wish to see in the world will transform your life and take you onto a much higher level of Awareness. Your vibrational state will quicken and become more powerfully magnetic and you will be able to make the conscious connection with Infinite Awareness — the still and silent, self-aware *All*.

Notice of intent

When it comes to what you want to do with your life, intuition is governor again. It will guide you along the paths you planned to take before you entered this reality. If you follow only mind, the programs and manipulation can cause you to become lost in the maze and not experience what you have chosen to do. If you are five-feet two and thin as a rake, it is safe to say your destiny is not to be world heavyweight boxing champion. If that had been your goal your Awareness would not have chosen that type of body-computer.

What is your passion? What is your dream? What makes you feel happy and fulfilled? What does your intuition tell you? These are guiding lights to the paths we need to take. Life is not supposed to be hard, that's one of the greatest controlling myths of all. It *seems* hard because of the way we perceive experience. It's like the guy paddling down the river. If he perceives everything to be happening for a reason he will happily park his boat on the shore and know there will be a positive explanation for why he cannot continue his journey. The alternative is to get angry and frustrated and then life appears 'hard' when it is only a different perception of the same experience. The same applies when I talk about the challenges we face as we go through the transformation, the 'Shift'. It doesn't have to be 'hard'. We can welcome the challenges and our old lives falling apart in the knowledge that this is confirmation that the changes that we seek are underway. Or, we can treat every challenge as a disaster and 'something going wrong', in which case it can appear to be a nightmare. Once again, it is neither one nor the other, it is our *perception* and we control that.

When you make the choice — the intent — of where you wish to go and what you wish to do, you are projecting the frequency, the magnetism, which relates to that intent. The deeper you *know* it will happen, and the less you merely hope, the more powerful will be the magnetic field, or magnetic feelers, that your intent transmits. Everything is energy — people, places, information and experiences — and you will start to see how your magnetic projections carrying the frequency of your intent will attract to you through apparent 'coincidence' the people, places, information and experiences that help you achieve your desire. If you are on your chosen path everything will synchronise and flow and the journey can appear almost effortless. The coincidences are not inexplicable or 'magic'; they are compatible magnetic fields being drawn to each other. 'Fancy seeing you here' and 'what a small world' are expressions of this. Many times people have told me how they went into a bookshop and one of my books, or others, dropped off the shelf in front of them. It seems incredible, but it is so simple. They were seeking knowledge and they were magnetically projecting that intent, often subconsciously. As a result, their energy field connected magnetically with the energy field of the book and literally pulled it off the shelf. Life is so wonderful if only we would allow it to be. It is 'rational' thought and emotion that get in the way of this flow and when that happens the synchronicity can't work effectively. Intuition says go this way and computer-thought says no. If we follow the computer we stay in the program and ignore our intuition as it sits there revving up the getaway car. If you find that things are not happening smoothly there is something disrupting the energy flow. It could be your computer-mind leading you down the wrong road and you start to fight the intuitive flow instead of going with it. This is like pushing against a padlocked door. You can push all you like, curse all you like and get as frustrated as you like, but it's not going to open because you don't have the energetic combination. You've got the key to 303 and this is 101. In these times consult your intuition, not your mind, and see where it takes you. When you find the flow again, and it may well not lead you where your computer-mind wants to go, you will find the synchronicity is back and the right doors fling open. Another reason why a door may not open is that it's not meant to do so — *yet*. There is a sequence, or appears to be in this reality, and when you are trying to do something out of sequence it doesn't happen. When you try the same door in the right sequence it opens, again like a combination lock. In many ways, that is what we're doing in these circumstances. We are unravelling the combination codes to the Matrix so that it starts working with us and not against.

Candles in the darkness

Once we begin to awaken, break out from our vibrational prisons and connect with higher levels of Awareness, we start to attract into our lives other people who are on the same wavelength. There are two ways that we connect in this reality: through the infinite field of Awareness and our DNA transmitter-receivers. Both explain what we call 'telepathy'. As we allow a higher level of Awareness into the computer level of reality, so our DNA transmissions start to reflect that and we become ever more powerful transmitters of these higher frequencies. This not only increases our potential for creativity and manifestation of 'coincidence', it makes these frequencies accessible to other DNA receivers to pick up. Instead of minds having to open to crack the concrete themselves and access Infinite Awareness, these DNA transmissions from awakening people can break it up at the computer level. It is like the violin example of sympathetic resonance in which the most powerful frequency resonates others onto its wavelength. We can see an example of this with the 'mystery' known as the hundredth monkey syndrome in which a few members of an animal species are taught something new and suddenly all or large numbers of the species, even far distances away, begin to do the same thing without being shown. Every species has its unique genetic DNA code or broadcast signal and when the few have been taught a new understanding this transmits on that wavelength, the 'species Internet', and is picked up by the DNA of others. The knowledge is downloaded and others do instinctively what the pioneer few have had to learn. Animals are very sensitive to this because they haven't been desensitised by the education system or the

media all their lives, but human DNA has the potential to work in exactly the same way. The more people who awaken to connect with Infinite Awareness, the more they will transmit those frequencies on the DNA 'bush telegraph' for others to pick up and the awakening becomes an exponential curve. The 'Magnu channelling said:

As the consciousness level of your planet raises itself, those of you Light Workers who are working together to raise your consciousness, you will be able to hold more and more refined vibrations, and so we will be able to use you as a catalyst to be able to feed in more and more energies.

For these higher energies to affect this 'world' they have to be 'grounded' in this dimension and this is done by people becoming conduits who can access these high frequencies and bring them down into five-sense reality. This is one reason why awakening people seem to have great challenges in their lives. Their five-sense experiences ground them, and stop their 'human' level from getting vibrationally detached from those they are seeking to help. While they are connecting with high frequencies, their 'human' feet have to stay firmly rooted here to ground that energy. When people ask 'what can little me do?' the answer is that you can change the world by changing yourself. Of course, there are 'physical' actions we need to take as well, but we will know what these are when we access higher levels of Awareness. From that perspective we will no longer be trying to change something with the same level of awareness that created it. We will be able to see new ways of living and perceiving that will lead us to take action that will achieve the desire for universal freedom. In such an energetic environment, the Reptilian hybrid conspiracy construct will collapse like a glass explodes when exposed to a high enough note. That 'note' will sound when:

- We have so freed ourselves of indoctrinated belief that we stop fighting along the fault lines of irrelevant division like race, religion, politics and income bracket.
- When we *truly* want freedom and justice for *all* and not only for ourselves and those we agree with.
- When we celebrate diversity of perception and lifestyle and realise that right and wrong, good and bad, moral and immoral are often just ways of saying *different*.
- When we stop seeking to impose our views on others and allow people to be themselves so long as they don't impose their will on others.
- When we do what we *know* to be right and not what we *think* is right for us in the moment.
- When we stop conforming to the herd mentality because we fear expressing our uniqueness.
- When we live our lives as Infinite Awareness and not computer software.

Once we stop fearing for our survival in all its forms, physical, financial, social, sexual and all the other multitude of fears that have survival at their core, we stop being controlled by the reptilian brain through which, not surprisingly, much of the Reptilian hybrid control is routed. Fear is the prime weapon of control and when we stop being frightened the manipulators are disarmed. Fear is the densest of all mental and emotional states and as it dissolves so does its energetic expression — the eggshell. What is there to fear when we are Infinite Awareness that can never die and when this 'physical' world which we take so seriously is only an illusion we construct in our minds?

Cry freedom

There are practical steps we can take simply by changing our attitudes and this can be done in an instant. We need to be passionate about freedom and justice, which apply to everyone or to no one. If a single person is not free there is no freedom because freedom cannot be divided into haves and have nots. You can't be a little bit free, individually and collectively, any more than you can be a little bit pregnant. We either have freedom or we don't, and at the moment we don't because we refuse to express what is ours. Freedom is not the gift of the dark suits or the military uniforms; it is our *natural state*, our infinite and eternal *right*. The manipulators have sought to take it from us, but we don't have to 'fight' for its return because it has never gone away. We are still free and, as Infinite Awareness, always will be. The problem is that we have ceased to *express* that freedom and allow others to do so. Those who are knowingly behind the conspiracy cannot control six billion people by themselves and they have to manipulate the population to control each other. They do this through their uniformed puppets who daily impose the very Orwellian society that their own children will have to live in; they do it through their Propaganda Ministry, the mainstream media, staffed by so many 'intellectual' prostitutes who are selling the system that, once again, has them and their children in its sights; and they do it through their armed forces who kill people they have never met, and know nothing about, on the say-so of some tosser in a dark suit who would shite his pants at the very thought of going where he is sending others. As a result of this pawn-ography, these puppets advance the day when their own families and children will be microchipped zombies of the state.

When the uniforms, soldiers and 'journalists' have the insight and foresight to rebel and refuse to be tools of their fascist masters we will see how little power the Reptilian hybrids really have. Their power is merely the power that humans give to them every day — 'Yes sir, no sir, anything you say sir'.

If those journalists at Fox News and elsewhere stopped complaining about censorship and bias and just walked out the door or collectively went on strike until the bias ended, the news fixers would be exposed and, if enough people did it, the mainstream media would be unable to function. The media hacks don't do this because of a mixture of ignorance of how they are being used and the recurring question that always sounds the death knell for freedom: 'How would it affect *me*?' If police officers refused to enforce laws designed only to construct a dictatorship, the politicians and Shadow People would have no means to impose their will on the population. It is pathetic to watch police officers acting as bagmen for dictators who want to make the lives of their children and grandchildren a microchipped misery. The police don't rebel because of a mixture of ignorance of how they are being used and the question: 'How would it affect *me*?' The military are the same. Politicians don't invade countries and directly bomb, kill and maim the innocent. They tell their soldiers to do that while treating them with utter contempt, or as 'dumb, stupid animals', as Kissinger put it. If the troops refused to slaughter and be slaughtered there could be no more wars of conquest and control. They don't rebel because of a mixture of ignorance of how they are being used and the question: 'How would it affect *me*?' If these three groups alone refused to be pawns of the Orwellian state the conspiracy would collapse and, as I have said to some of them, the point is fast approaching when many will desperately wish they had. 'What were you doing when the fascist state came in mummy and daddy?' I was enforcing it, dear; now don't play with that telescreen.' These propaganda and enforcement professions need to get informed about what is really going on and develop the balls to do something about it. Don't hold your breath, though.

We need a peaceful mass refusal to cooperate with the system that seeks to control us, for it has no power without our cooperation. There are billions of people and a relative handful of those in positions of real power. When we say 'no' en masse to their orders and dictates there is nothing they can do. Instead of complaining, but then complying, we need to refuse to obey laws that have no basis in fairness and sanity and are only there to control and suppress. There is no need for violent rebellion, just peaceful non-cooperation. The Orwellian world can only be introduced if we allow it and this is where divide and rule comes in again. The Reptilian hybrid networks manipulate those not subject to a new law to oppose and condemn the actions of those protesting against it. Then, when another law comes along that affects the condemning faction, they protest while being condemned by those who were protesting themselves over something else. It is vital that we unite behind freedom for *all* and support everyone in their pursuit of fairness and justice. While people are arguing among themselves they are preparing the way for their own enslavement and that of their children. The fascist global state will not just apply to one party, race or religion, but to *all* of them. The technique is to demonise one religion or group by turning other religions, groups and people against it. When that has been destroyed, they do the same with another until all of them have been picked off. As the saying goes:

First they came for the Jews and I did not speak out because I was not a Jew. Then they came for the Communists and I did not speak out because I was not a Communist. Then they came for the trade unionists and I did not speak out because I was not a trade unionist. Then they came for me and there was no one left to speak out for me.

We need to care about the freedom of others as much as we do about our own. Injustice is injustice no matter what form it takes or who it affects.

United they fall

The real force for change has to be the 'ordinary' people, as they are patronisingly called. In fact, there are no 'ordinary' people only extraordinary Infinite Awareness trapped in the *illusion* of being 'ordinary'. There are millions in positions of authority and billions of 'ordinary' people. I think I see a way out of this. The millions control the billions through fear and divide and rule and they will go on doing so until we change our perception of both. We need to make our commitment to doing what we know to be right more powerful than our fear of the consequences. If we do this in large enough numbers, and refuse to be divided and ruled, the conspiracy is no more. You can see divide and rule everywhere in religions, race, politics, income bracket, pressure groups and every aspect of society. Each group battles for supremacy and seeks to prosper at the expense of others. The middle class is played off against the working class, Christianity and Judaism against Islam, right against left, white against black and black against not-so-black. I shake my head in daily despair at the kindergarten mentality that holds this conflict construct together. Only a consciousness shift to higher Awareness can sort out the mess and without that nothing will or even *can* change. We are trapped in the illusion by identifying who we are with the computer level of reality — Joe

Bloggs, Mary Smith. When we start identifying with Infinite Awareness the divisions between us start to dissolve as we see that there is no 'us', only the Infinite 'I' in all its unique expressions. We are fighting *ourselves* while believing we are fighting others and all the global conflict is simply self-abuse. Divide and rule is dividing and ruling the whole by setting it at war with *itself*. The biggest step of all in the revival of freedom is to understand that we are Infinite Awareness having a 'physical' experience and stop believing the experience is who we are. Everything comes from this.

Even before that level of understanding is fully integrated we can make the choice to no longer seek power over others. The desire for power 'over' rather than power to create is an extremely reptilian trait and expressed through the reptilian brain. It is also a classic confirmation of insecurity. Those who are secure in themselves have no desire to have power over others. Why would they? They have no need to prove how powerful or successful they are through external symbols like uniforms, titles or position. They don't need confirmation from others that they have 'made it' when they are already at peace with themselves. Such people act on the basis of justice not the desire to show how powerful they are by abusing their position to impose their will over others. I see this all the time at all levels of society, even down to some of the little dictators that administer children's sport. 'I'm in charge and it will be done my way even though what I am imposing is ludicrous, childish and arrogant beyond belief.' In many ways the lower ranks of power can be more obsessed with control than some higher ups, probably because they have more insecurity to camouflage. I have had many amusing moments watching the 'community policeman' in my town marching through the streets giving out his orders and reaching orgasm when he spots a car that's five minutes over the parking limit. He thinks he's so powerful when he's just a tool of a system that will eventually spit him out like pips from a grape.

Setting each other free

If we really want to play a role in the restoration of freedom we need to stop seeking power over others and find peace in people being different and enjoying the right to free choice and free expression even if we don't agree with what they do or say. I have a simple philosophy: do what you like so long as you don't impose it on others. The first part of that sentence may seem like a free-for-all, but the second part ensures that it's not. 'Oh, so you're saying people should have the freedom to murder and abuse children then?' Er, no, actually. That would hardly meet the criteria of not imposing your will on another. This one simple sentence, 'Do what you like so long as you don't impose it on others', contains both the freedom to do and the freedom not to have done to. That's the society I would like to live in. I am sick of people telling others what they can and can't do. I hear Christians complaining about Orwellian controls that affect them while telling other people what they can and cannot do on the basis of some reference they have found in the Bible written by who knows who knows when. 'Homosexuality is the devil's work', I hear some say. Well, don't do it then, mate, just don't tell others what they can or cannot do. I challenge any imposition of homosexuality as much as I challenge anyone who seeks to outlaw it and the same with everything. If you don't like it, or don't approve of it, then don't do it. I am only interested when it is being forced upon people against their will.

Parents need to respect their children's right to go their own way and pursue their own passion without seeking to use guilt and other manipulation techniques to 'guide' them in the direction that suits the parents. We bring children into this reality so they can freely experience, not to be their life-long dictators. We can advise them, of course, but they have to make the choice of what they do and where they go when they have reached the age where they can make those decisions. A loving parent respects that and even if they don't agree with them they are always there to support no matter what. Any parent who seeks to impose a religion, belief system or lifestyle on their offspring is a psychological fascist and they need to be told diplomatically, or otherwise if necessary, where to stick it. Young people need to rebel against such impositions and refuse to yield their uniqueness to them. Only then can the cycle be broken. If this upsets their parents, well too bad. The parent-child connection should be a partnership, not a dictatorship. I don't agree with religious schools of any kind because they are places of belief indoctrination on a scale even more extreme than the 'education' system in general. If young people want to follow a religion good luck to them, but it should be a free choice when other choices have been explored and not the result of a mind-control operation almost from birth called a 'religious school'. Parents who send their children to religious schools have no respect for their free-right to choose. In the same way, children should not be telling their parents what they can and cannot do with their lives. Freedom always goes both ways or it does not exist. Your freedom is my freedom.

It's just a ride

What I have outlined in this chapter will, if instigated, bring an end to the conspiracy and its Orwellian world by ending the belief and behaviour traits that allow it to happen. The walls of suppression will come down when we stop suppressing ourselves and each other, and when we stop allowing differing beliefs and perceptions to become the fault lines through which we are divided and ruled. When we are at peace with someone else looking, acting and believing differently to us, we will no longer be divided. Without division, there can be no rule by the few. The greatest transformation of life in this reality will come, however, as the eggshells crack and we remember who and where we are. We are *everything* (and nothing); we are *everywhere* (and nowhere); we are *all that is, has been and ever will be*, all existing in the eternal and infinite *NOW*. We have just been manipulated to forget that. There is no 'little me' unless we allow our belief to create the illusion of it, and there is not even a 'we', only an infinite 'I'. As this book has been almost a compendium of my work from some twenty years of experience and research, I am going to finish with my two favourite quotes from previous books. They come from a brilliant American comedian called Bill Hicks, who left us in 1994, aged just thirty-two. People can quote all the mystics and crossed-legged people they like, but this guy understood as much, if not more, than most of them. He once described reality magnificently in one of his jokes: '... All matter is merely energy condensed to a slow vibration; we are all one consciousness experiencing itself subjectively; there is no such thing as death, life is only a dream, and we are the imagination of ourselves'. What an encapsulation of the truth that has been denied us for so long. At the end of his act, Bill would don his coat and cowboy hat and leave the audience with this thought:

The world is like a ride at an amusement park, and when you choose to go on it, you think it's real, because that's how powerful our minds are. And the ride goes up and down, and round and round, it has thrills and chills, and it's very brightly coloured and it's very loud. And it's fun, for a while. Some people have been on the ride for a long time, and they begin to question: 'Is this real? Or is this just a ride?' And other people have remembered, and they come back to us and they say 'Hey! Don't worry, don't be afraid — ever — because this is just a ride'. And we kill those people.

'Shut him up! We have a lot invested in this ride! Shut him up! Look at my furrows of worry; look at my big bank account and my family. This has to be real.'

It's just a ride. But we always kill those good guys who try and tell us that and we let the demons run amok. But it doesn't matter, because ... it's just a ride, and we can change it any time we want. It's only a choice. No effort. No worry. No job. No savings and money. Just a choice, right now, between fear and love. The eyes of fear want you to put bigger locks on your door, buy bigger guns, close yourself off. The eyes of love, instead, see all of us as one.

Here's what we can do to change the world, right now, into a better ride. Take all that money we spend on weapons and defence each year and, instead, spend it feeding, clothing and educating the poor of the world, which it would do many times over - not one human being excluded - and we can explore space together, both inner and outer, forever ... in peace.

It's *our* ride and *our* choice of where we want it to go. This is what the manipulators have worked so hard to keep from us. But the truth is out and the genie is free and what we do with this knowledge is now our own responsibility. We can 'change the world' or we can run and hide. As always, like Bill said, it's just a choice between fear and love.

Thanks for listening and enjoy the ride.

Life is not a task. There is absolutely nothing to attain except the realisation that there is absolutely nothing to attain.

Maharishi Mahesh Yogi